

1 **Inhibition of mycobacterial growth *in vitro* following primary but not secondary**
2 **vaccination with BCG**

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4 **Running title:** Growth inhibition following BCG vaccination

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29

30 **Abstract**

31 Despite the widespread use of the BCG vaccine there are more than 9 million new
32 cases of tuberculosis (TB) every year and there is an urgent need for better TB
33 vaccines. TB vaccine candidates are selected for evaluation based in part on the
34 detection of an antigen-specific IFN- γ response. The measurement of mycobacterial
35 growth in blood specimens obtained from subjects immunized with investigational TB
36 vaccines may be a better *in vitro* correlate of *in vivo* vaccine efficacy. We performed a
37 clinical study with 30 UK adults who were followed for 6 months to evaluate the ability of
38 both a whole blood and a novel PBMC based mycobacterial growth inhibition assay to
39 measure a response to primary vaccination and revaccination with BCG. Using
40 cryopreserved PBMC we observed a significant improvement in mycobacterial growth
41 inhibition following primary vaccination, but no improvement in growth inhibition
42 following revaccination with BCG ($p < 0.05$). Mycobacterial growth inhibition following
43 primary BCG vaccination was not correlated with PPD antigen specific IFN- γ ELISPOT
44 responses. We demonstrate that a mycobacterial growth inhibition assay can detect
45 improved capacity to control growth following primary immunization but not
46 revaccination with BCG. This is the first study to demonstrate that an *in vitro* growth
47 inhibition assay can identify a difference in a vaccine response comparing both primary
48 and secondary BCG vaccination, suggesting that *in vitro* growth inhibition assays may
49 serve as better surrogates of clinical efficacy than those assays currently used for the
50 assessment of candidate TB vaccines.

51

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53

54 **Introduction**

55 There are more than 9 million new cases of TB every year, primarily affecting young
56 adults in the most productive years of their life. Despite the existence of effective tools
57 for the diagnosis and treatment of TB, the global incidence remains high, driven
58 primarily by the increase in HIV-associated TB in Africa (1). The only available vaccine
59 for TB, Bacille Calmette-Guérin (BCG), was first used as a human vaccine in 1921 and
60 is one of the most widely administered vaccines in the world. Although widely practiced
61 the administration of BCG to newborns as recommended by WHO, while affording
62 protection against severe infant TB, leads to protection against later pulmonary disease
63 which is variable and mostly poor (2). There is an urgent need to develop an improved
64 vaccine. Over the last decade, 16 candidate vaccines have entered clinical trials (3).
65 However, the progression of candidate vaccines from pre-clinical studies and early
66 phase I trials to larger and more expensive efficacy trials is frustratingly slow. In part
67 this is due to the nature of the disease, as only 1 in 10 people infected with TB develop
68 disease, which may occur decades after initial infection. It is therefore necessary to
69 prioritise which candidate vaccines are to be tested in efficacy trials at the available field
70 sites. The selection of candidate vaccines for efficacy testing will be based in part on
71 safety and immunogenicity in early clinical trials. The identification of a biomarker or
72 biosignature of protective efficacy which could be used to select vaccine candidates for
73 further study would greatly facilitate vaccine development and have a major impact on
74 the field. Several groups have demonstrated the potential use of *ex vivo* mycobacterial
75 growth inhibition assays in both *Mycobacterium tuberculosis* (MTB) exposed and BCG-
76 vaccinated cohorts (4-9). However, despite more than a decade of use, these assays

77 have not been adopted by TB vaccine developers, in part because of concerns
78 regarding reproducibility of these assays. To date, TB vaccine developers have
79 focused on the discovery of T cell signatures of vaccine effectiveness. However, due to
80 the recent failure of T cell signatures to differentiate protected from non-protected
81 individuals (10), there has been a resurgence of interest in the utility of mycobacterial
82 growth inhibition assays (MGIA) as an alternative route of assessing vaccine induced
83 protection.

84 Here, we describe the findings of a clinical study to evaluate the ability of both a whole
85 blood and a peripheral blood mononuclear cell (PBMC) based MGIA to measure a
86 response to primary and repeat BCG vaccination in UK adults. The use of functional
87 assays for the early identification of promising vaccine candidates is essential if we are
88 to expedite the development of a new TB vaccine and use limited resources most
89 effectively.

90

91 **Materials and Methods**

92 **Ethics statement**

93 Participants were recruited under a protocol approved by the Oxfordshire Research
94 Ethics Committee (OxREC A). Written informed consent was obtained from all
95 individuals prior to enrolment in the trial.

96

97 **Study design and participants**

98 This was a non-randomized, clinical study in healthy adults with a) no history of BCG
99 vaccination or b) a history of prior BCG vaccination more than six months before study

100 enrolment (Figure 1). Volunteers were screened and enrolled only if routine
101 haematology and biochemistry measures were within the normal range and if they were
102 negative on serology for HIV, HBV and HCV. Volunteers were aged 18-50 with no
103 evidence of latent MTB infection, as determined by an in-house IFN- γ ELISPOT assay
104 which measures responses to ESAT-6 and CFP-10 peptides at screening.
105 Enrolled participants attended clinic on three occasions prior to vaccination with BCG.
106 These three pre-vaccination visits were to determine the baseline response and assay
107 variability over-time in healthy adult volunteers. Volunteers were then vaccinated with a
108 single dose of $\sim 2\text{-}8 \times 10^5$ CFU BCG-SSI (Staten Serum Institute), administered
109 intradermally over the deltoid region of the arm. Following vaccination with BCG,
110 participants were followed-up and blood was taken at weeks 4, 8, and 24 to determine
111 the longitudinal response following immunisation.

112

113 **Immunological assays**

114 PBMC were isolated from heparinised whole blood and the *ex vivo* IFN- γ ELISPOT was
115 performed as previously described (11). PBMC were isolated by centrifugation of whole
116 blood over 15 ml LymphoPrep™ (Axis-Shield) in a LeucoSep™ tube (Greiner Bio-One)
117 according to manufacturer's instructions. The *ex vivo* IFN- γ ELISPOT assay was used
118 to assess antigen specific responses by incubating PBMC (0.3×10^6) overnight for 18
119 hours with 20 $\mu\text{g/ml}$ purified protein derivative (PPD) from MTB (SSI). Positive
120 Staphylococcal Enterotoxin B (SEB) and negative (media only) control wells were
121 included for each participant.

122

123 **Bacterial strains and culture**

124 We used BCG Pasteur (donation from Ann Rawkins, Health Protection Agency, Porton
125 Down, UK) as the immune target in our growth inhibition assays. BCG Pasteur was
126 cultured in 6 x Bactec Mycobacteria growth indicator tube (MGIT) tubes for 8 days.
127 Mycobacterial cultures were then pooled, aliquoted and frozen at -80°C, as previously
128 described, to provide stocks for use in this study (4).

129

130 **Whole blood growth inhibition assay**

131 The whole blood growth inhibition assay was performed using blood from 18 of the 30
132 volunteers as previously described (4). Duplicate tubes containing 300 ul of whole blood
133 were incubated on a rotator at 37°C with 300 ul RPMI seeded with ~150 CFU of
134 mycobacterial stock culture (BCG Pasteur) for 4 days. Blood cells were then lysed with
135 sterile water and the lysate containing mycobacteria transferred to a BACTEC MGIT
136 tube supplemented with PANTA™ antibiotics and OADC™ enrichment broth (all from
137 Becton Dickinson). The tube was placed in a BACTEC MGIT 960 and incubated until
138 growth detected (time to positivity). Using a standard curve enables conversion of time
139 to positivity (TTP) of a sample tube into an initial mycobacterial inoculum volume
140 (Supplementary Figure 1). This inoculum volume is then converted to CFU (50µl of
141 inoculum = 3.50E+04 CFU/ml). Duplicate MGIT tubes are seeded with ~150 CFU of
142 mycobacterial stock culture and placed directly into the Bactec MGIT 960 on day 0 of
143 the blood culture to be used as growth control tubes. The CFU count of each sample
144 tube is divided by the CFU count of the growth control tube, divided by 4 days and log
145 converted. This gives the delta log growth per day for each sample tube. Software to

146 calculate change in bacillary viability based on MGIT TTP written by one of the authors
147 (RSW) is available on request. In one case, to show data expressed as TPP and delta
148 log growth per day, see Supplementary Figure 2 compared with Figure 4. The number
149 of viable mycobacteria recovered following incubation of PBMC was lower than
150 expected due to the effect of residual penicillin and streptomycin in culture media. The
151 predicted growth was 2.5×10^5 CFU and the actual growth was 250 CFU. A difference
152 of approximately 3 logs (0.9013 delta log growth per day) (Supplementary Figure 3). To
153 calculate growth inhibition in PBMC samples 0.9013 delta log growth per day was
154 subtracted from the control tube to better reflect the number of viable mycobacteria
155 used in the assay.

156

157 **PBMC based growth inhibition assay**

158 We adapted the whole blood assay described above for use with cryopreserved PBMC.
159 PBMC from 19 of the 30 volunteers were thawed and rested overnight at 37°C in RPMI
160 containing benzonase (10 U/ml, Novagen), 10% pooled human AB serum, L-glutamine,
161 penicillin and streptomycin. After the overnight rest cells were counted, washed and
162 resuspended in the above media without benzonase or antibiotics, but with HEPES. The
163 percentage viability of recovered cells was 70-90% per vial. Duplicate 2ml screw cap
164 tubes containing 1×10^6 PBMC in 600ul of media were incubated on a rotator at 37°C
165 with ~600 CFU of BCG Pasteur stock for 4 days. PBMC were then lysed with sterile
166 water and the lysate containing mycobacteria transferred to a BACTEC MGIT tube
167 supplemented with PANTA™ antibiotics and OADC™ enrichment broth. The tube was

168 placed in a BACTEC MGIT 960 and incubated until growth detected (time to positivity).

169 Data were analysed as described for the whole blood assay above.

170

171 **Data analysis**

172 Statistical analysis was performed using SPSS and Graphpad Prism. One-way Anova
173 and Students T- tests were used to determine significant differences in growth inhibition.
174 Mann-Whitney and Wilcoxon signed rank were used to determine differences in
175 ELISPOT responses. Spearmans Rho was used to determine correlations between
176 growth inhibition and immune response. Assay variability was assessed by calculating
177 the co-efficient of variation.

178

179 **Results**

180 ***Study participants***

181 There were 30 participants enrolled into the study, of whom 15 had been previously
182 vaccinated with BCG (mean of 17.8 years prior to enrollment). The remaining 15 had no
183 previous history of BCG vaccination (Figure 1). All volunteers received a single
184 intradermal immunization of BCG-SSI. Demographic characteristics of study
185 participants are summarised in Table 1 and are similar to those reported in previously
186 published studies (11, 12).

187

188 ***IFN- γ ELISPOT response to PPD in BCG vaccinated volunteers***

189 In order to compare immunological responses in the BCG vaccinated subjects with
190 growth inhibition, IFN- γ responses were first measured by ELISPOT. There was a

191 significant increase in the magnitude of the IFN- γ ELISPOT response to PPD following
192 both primary vaccination and revaccination with BCG ($p < 0.0001$, Figure 2A and B). The
193 peak IFN- γ ELISPOT response was at 4 weeks following immunization and had
194 returned to baseline by 24 weeks for both groups (Figure 2A and B). When comparing
195 the two groups we found that the IFN- γ ELISPOT responses were significantly higher in
196 those volunteers revaccinated with BCG at baseline, week 4 and week 24 ($p < 0.05$,
197 Table 2). This is consistent with PPD IFN- γ ELISPOT responses observed following
198 BCG vaccination in previously published studies (11).

199

200 ***Measurement of Growth Inhibition following BCG vaccination***

201 A mycobacterial growth inhibition assay using a Bactec MGIT to detect growth (22) was
202 modified (see Methods) and used to measure growth inhibition using both whole blood
203 and cryopreserved PBMC from volunteers previously vaccinated with BCG and
204 volunteers who had no history of BCG vaccination. Growth inhibition was measured in 9
205 volunteers using the whole blood assay and 10 volunteers using the PBMC assay with 5
206 volunteers tested using both assays. Using whole blood there was a trend for enhanced
207 growth inhibition comparing BCG vaccinated and naïve subjects but the difference was
208 not significant (Figure 3A). Using cryopreserved PBMC there was significantly more
209 mycobacterial growth inhibition comparing PBMC from BCG vaccinated subjects with
210 BCG naïve subjects ($p < 0.05$, Figure 3B).

211 Following primary BCG vaccination we observed enhanced mycobacterial growth
212 inhibition compared with pre-vaccination responses in whole blood collected 8 weeks
213 following vaccination in 7 of 9 volunteers tested ($p < 0.05$, T-Test), although the response

214 was not significant when tested using one-way ANOVA (Figure 4A; for comparison with
215 time to positivity data see Supplementary Figure 2A). In subjects with a history of BCG
216 vaccination we did not detect increased mycobacterial growth inhibition in whole blood
217 after BCG revaccination (Figure 4B; for comparison with time to positivity data see
218 Supplementary Figure 2B).

219 Using PBMC cryopreserved from the same volunteers we observed a significantly
220 enhanced mycobacterial growth inhibition at both 4 and 8 weeks, following primary
221 vaccination with BCG ($p < 0.05$ Wilcoxon, Figure 4C). All volunteers displayed enhanced
222 mycobacterial growth inhibition following BCG immunization, for 6 volunteers this was at
223 both weeks 4 and 8. In subjects with a history of BCG vaccination we did not detect
224 increased mycobacterial growth inhibition in cryopreserved PBMC after BCG
225 revaccination (Figure 4D).

226 The magnitude of observed growth inhibition was significantly greater when using
227 cryopreserved PBMC compared to whole blood at both week 4 and 8 following
228 vaccination with BCG. To confirm the ability of the PBMC assay to detect a difference
229 pre and post vaccination with BCG we repeated the experiment using PBMC from the
230 same 8 volunteers we used in the whole blood assay. We also ensured that PBMC
231 were not exposed to antibiotics at any point in the procedure as was the case with the
232 PBMC data shown in Figure 3B. Differences pre and post vaccination with BCG were
233 only observed when we lowered the inoculum volume to 250 CFU in 1×10^6 PBMC
234 (Figure 5). This suggests that BCG vaccine mediated control of mycobacterial growth
235 may be overwhelmed at higher doses of viable mycobacteria and that growth inhibition

236 in the whole blood assay may be further improved if a lower dose of mycobacteria is
237 used.

238

239 The reproducibility of the growth inhibition assay, in these studies was assessed as
240 described in Methods for both whole blood and cryopreserved PBMC using samples
241 collected on 3 consecutive weeks at baseline in our trial (Figure 1). The mean Co-
242 efficient of Variation (CV) and 95% confidence intervals for cryopreserved PBMC and
243 whole blood were 7.7 (6-9.4) and 24.5 (15.3-33.7) respectively. Using Intraclass
244 Correlation (ICC) with a two-way mixed model where 1 indicates perfect agreement and
245 0 indicates no agreement there was fair agreement among the 3 measures in whole
246 blood (.466) and good agreement between the 3 measures in PBMC (.625). The data
247 demonstrates that there is reasonable reproducibility in the growth inhibition assays.

248

249 ***Mycobacterial growth inhibition does not correlate with IFN- γ ELISPOT responses***

250 Next, we searched for a relationship between the induction of an antigen specific T-cell
251 response in BCG vaccinated volunteers and the ability to control mycobacterial growth
252 *in vitro*. There was no correlation between mycobacterial growth inhibition in whole
253 blood and the IFN- γ ELISPOT response at recruitment into the study or following
254 primary vaccination or revaccination with BCG. Also, there was no correlation between
255 mycobacterial growth in PBMC and the IFN- γ ELISPOT response following primary
256 vaccination with BCG.

257 However, in the group with a history of BCG vaccination, there was a correlation with
258 growth inhibition at 4 weeks and the peak IFN- γ ELISPOT response at 4 weeks

259 (p<0.005, Figure 6A). This indicates that a T-cell response may be contributing to
260 control of mycobacterial growth following revaccination with BCG, although the effect is
261 likely to be modest or partial as revaccination with BCG did not result in a significant
262 improvement in growth inhibition when compared to baseline.
263 We also observed that, a strong IFN- γ ELISPOT response at baseline, prior to
264 revaccination with BCG, was correlated with reduced mycobacterial growth inhibition at
265 24 weeks following revaccination (Figure 6B). Boosting T-cell responses by
266 revaccination with BCG may reduce the long-term ability to control BCG growth,
267 perhaps as a consequence of T-cell exhaustion or T-cell regulation although these were
268 not measured in the current study.

269

270 **Discussion**

271 Using a mycobacterial growth inhibition assay we observe that subjects with a history of
272 BCG vaccination control the growth of mycobacteria more effectively than those who
273 have never been immunized. In addition, primary BCG vaccination leads to inhibition of
274 mycobacterial growth up to 8 weeks following immunization whereas revaccination with
275 BCG does not improve, and may reduce, the ability of cells to control mycobacterial
276 growth. In the UK, primary vaccination with BCG protects with an efficacy of 80% (13).
277 There have been no clinical trials of intradermal BCG revaccination in the UK but the
278 lack of change in TB incidence following withdrawal of BCG revaccination (Finland) (14)
279 and lack of efficacy in clinical trials of BCG revaccination in other countries (Malawi,
280 Brazil, Chile, Hong Kong) (15-19) has shown that revaccination with BCG does not
281 improve protection from TB disease. Our *in vitro* mycobacterial growth inhibition data

282 are consistent with the epidemiological data which indicate that primary vaccination, but
283 not revaccination with BCG, can improve protection against TB disease.

284

285 There is an urgent need for a biomarker which can be used to identify potentially
286 protective vaccines or vaccine combinations early in clinical development which could
287 accelerate regulatory approval of clinical studies and ultimately the approval of new TB
288 vaccines. The capacity of these assays to detect inhibition of mycobacterial growth in
289 both historically and recently BCG vaccinated subjects warrants further evaluation in
290 different study populations and in phase I and II clinical trials of candidate TB vaccines.
291 An assay used for regulatory approval would have to be validated according to the
292 principles of the International Conference on Harmonization (ICH Harmonized Tripartite
293 Guidelines) which encompass accuracy, precision (repeatability, intermediate precision,
294 reproducibility), specificity and linearity. To begin to determine if it would be possible to
295 validate an MGIA we determined the intra assay variability of both the whole blood and
296 PBMC based MGIA. Tuomela *et. al.* suggest that for assay validation a CV of less than
297 50% is acceptable variation for the measurement of a bacterial target of a cell based
298 assay (20). In this report, both the whole blood and the PBMC MGIA's had a CV less
299 than 50% over repeated sampling prior to immunization. Volunteers were recruited over
300 a 12 month period and multiple aliquots of frozen mycobacterial stock were used in the
301 whole blood assay. Variations in mycobacterial stock viability, in volunteer blood and
302 variability in the week-to-week performance of the assay could have contributed to the
303 overall higher variability of the whole blood assay when compared to the PBMC assay
304 which was run in just two batches in this study. We saw the greatest improvement in

305 growth inhibition at 8 weeks following primary vaccination with BCG indicating that this
306 is the optimum time point for measurement of growth inhibition following vaccination
307 with a live, replicating mycobacteria. We could not detect growth inhibition at 24 weeks.
308 It is probable that the optimum time for measurement of growth inhibition will have to be
309 determined during early phase clinical trials for each candidate TB vaccine.

310

311 Earlier studies assessing four mycobacterial growth inhibition assays, two whole blood
312 and two PBMC based assays, observed optimum growth inhibition at 8 weeks and 6
313 months following revaccination with BCG (6, 21). Differences between our study and
314 those of Hoft *et. al.* and Cheon *et. al.* include the use of a different growth inhibition
315 assay protocol, a different BCG vaccine strain, enrollment of a UK study population
316 where primary BCG vaccination is known to have an efficacy of 80%, and a longer
317 interval between primary and revaccination with BCG. Cheon *et. al.* found that blood
318 from only 4 of 10 subjects from the USA inhibited mycobacterial growth following
319 primary vaccination with BCG whereas PBMC from 7 of the 8 UK subjects with no
320 history of BCG vaccination tested in our study inhibited mycobacterial growth 8 weeks
321 following primary BCG vaccination.

322 To determine if a BCG vaccine-induced immune response was correlated with growth
323 inhibition we compared the PPD antigen specific IFN- γ T cell response, measured using
324 an *ex vivo* ELISPOT assay, with mycobacterial growth inhibition. Revaccination with
325 BCG induces a greater number of PPD antigen specific T cells, when compared to
326 primary vaccination with BCG, yet this greater number of T cells does not result in an
327 improved capacity to control mycobacterial growth *in vitro*. This is consistent with other

328 reports which have found that IFN- γ is not correlated with mycobacterial growth
329 inhibition following BCG vaccination of either infants or adults (6, 7). The peak immune
330 response was at 4 weeks following revaccination with BCG and this was the only time
331 point at which the IFN- γ T cell response was associated with control of mycobacterial
332 growth in PBMC. It is thought that prior exposure to environmental mycobacteria or
333 MTB can interfere with the establishment of protective immunity following immunization
334 with BCG (22, 23). An immune response to PPD can be induced by previous BCG
335 vaccination, exposure to environmental mycobacteria or exposure to MTB itself.
336 Barreto *et. al.* reported that the efficacy of BCG revaccination was 33% in a population
337 where there was low exposure to environmental mycobacteria and MTB (the Brazilian
338 city of Salvador) but that efficacy was lost in older children, who were more likely to
339 have a response to PPD at the time of vaccination, and also lost in cities where there
340 was higher exposure to environmental mycobacteria and MTB (23). These findings are
341 consistent with our growth inhibition assay findings, in which we see that a higher
342 baseline immune response to PPD is associated with lack of control of mycobacterial
343 growth at 24 weeks following revaccination. In this study, we have not identified the
344 immune mechanism of *in vitro* growth inhibition but, consistent with other reports, have
345 shown that measurement of vaccine induced IFN- γ secreting T cells alone does not
346 reflect the overall capacity of cells from vaccines to control mycobacterial growth.
347 Due to the lack of an immune correlate for protection against TB, IFN- γ remains the
348 primary measure of TB vaccine immunogenicity in humans. Vaccine candidates are
349 mostly selected for further development based on efficacy in preclinical animal models,
350 safety and the induction of an IFN- γ response in early clinical trials (24). In this report,

351 we describe an alternative assay that could potentially allow direct comparison of
352 vaccines across clinical trials and animal species. As this assay requires no specific
353 immune reagents or antigen stimulation, it could be used for the early assessment of a
354 wide range of candidate TB vaccines. Since the BACTEC MGIT is found in many
355 clinical laboratories, an automated version of the growth inhibition assay can be
356 implemented by investigators performing TB vaccine studies in human subjects as
357 described in this report as well as in animal models of TB (25). Further, as this assay
358 appeared to mimic the findings of clinical efficacy trials, detecting improved capacity to
359 control mycobacterial growth following primary immunization but not revaccination with
360 BCG, it may be a better surrogate of clinical efficacy than existing assays used for the
361 assessment of candidate TB vaccines.

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364

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465 tuberculosis. *Clin Vaccine Immunol* **16**:1025-32.
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469 **Figure Legends**

470 Figure 1. Outline of clinical study showing schedule of blood collection and BCG
471 vaccination.

472

473 Figure 2. T cell responses in adults receiving primary vaccination with BCG or BCG
474 revaccination. PPD antigen specific T cells were detected in PBMC from healthy, BCG
475 naïve (panel A) or previously BCG vaccinated (panel B) adults receiving $\sim 2-8 \times 10^5$ CFU
476 of BCG-SSI. T cells were stimulated overnight with PPD and responses were detected
477 using an ex vivo IFN- γ ELISPOT assay. Values were determined by Wilcoxon matched-
478 pairs signed rank when compared to baseline (before BCG vaccination).

479

480 Figure 3. *In vitro* growth inhibition in BCG vaccinated and BCG naïve subjects using
481 both whole blood and cryopreserved PBMC. A) The ability of whole blood from 8 BCG
482 naïve and 10 previously BCG vaccinated volunteers to inhibit mycobacterial growth at
483 baseline is compared. There was a trend for enhanced mycobacterial growth inhibition
484 in the BCG vaccinated group but this was not significant. B) The ability of
485 cryopreserved PBMC from 9 BCG naïve and 10 BCG vaccinated volunteers to inhibit
486 mycobacterial growth were assessed. Significantly more growth inhibition was
487 observed in the PBMC cultures from previously BCG vaccinated subjects ($p > 0.05$, T-
488 Test). Boxplots show the lowest datum within 1.5 interquartile range of the 25th quartile,
489 and the highest datum still within 1.5 interquartile range of the 75th quartile (Tukey).

490

491

492 Figure 4. Mycobacterial growth in the blood and PBMC of adults receiving primary
493 vaccination with BCG or following revaccination with BCG. Mycobacterial growth was
494 measured in whole blood (panels A and B) and cryopreserved PBMC (panels C and D)
495 of healthy, BCG naïve (panel A and C) or previously BCG vaccinated (panel B and D)
496 adults receiving $\sim 2-8 \times 10^5$ CFU of BCG-SSI. Mycobacterial growth in samples collected
497 at baseline (before BCG vaccination) was compared to growth in samples collected at
498 4, 8 and 24 weeks post-vaccination. One-way Anova was used to test for significance
499 followed by a paired T-Test. Boxplots show the lowest datum within 1.5 interquartile
500 range of the 25th quartile, and the highest datum still within 1.5 interquartile range of the
501 75th quartile (Tukey).

502

503 Figure 5. Growth inhibition in PBMC pre and post primary vaccination with BCG. To
504 confirm that growth inhibition can be measured in frozen PBMC without antibiotics from
505 subjects vaccinated with BCG we repeated the assay using PBMC from the same 8
506 subjects used in the whole blood growth inhibition assay. Growth inhibition was
507 measured pre vaccination and 8 weeks post vaccination.

508

509 Figure 6. Correlation of mycobacterial growth with the IFN- γ ELISPOT response to PPD.
510 In cryopreserved PBMC collected 4 weeks following immunisation with BCG (panel A)
511 there was a significant correlation with the inhibition of mycobacterial growth and the
512 number of PPD antigen specific IFN- γ secreting T-cells. Subjects from both primary
513 and revaccination groups are included in panel A. In the revaccination group (panel B)
514 a higher PPD antigen specific IFN- γ ELISPOT response at baseline (prior to

515 vaccination) was associated with reduced capacity to control mycobacterial growth.

516 Spearmans correlation.

517

518 Table 1. Demographics of volunteers enrolled into the study

	Group	
	BCG	BCG-BCG
	n = 15	n = 15
Male, no (%)	5 (33)	8 (53)
Median age, years (range)	28 (18-55)	27.5 (19-53)
Average time since BCG vaccination, years (range)	-	17.8 (3-38)

519

520

521 Table 2. Comparison of immune response between groups of volunteers receiving
522 primary BCG vaccination or revaccination with BCG

	Group BCG	Group BCG-BCG	P value Mann Whitney
	SFC/10 ⁶ PBMC Median (IQR) n=15	SFC/10 ⁶ PBMC Median (IQR) n=15	BCG vs. BCG-BCG
Week 0	37(14-60)	173 (74-281)	<0.005
Week 4	210 (79-516)	520 (330-1038)	<0.05
Week 8	185 (83-858)	245 (159-883)	ns
Week 24	53 (32-117)	261(85-521)	<0.05

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