Effects of Calorie Restriction on Polymicrobial Peritonitis Induced by Cecum Ligation and Puncture in Young C57BL/6 Mice

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Calorie restriction (CR; level of restriction, 25 to 50%) is known to increase the life span in rodents by 30 to 40% (23, 63). One of the well-known protective effects of CR is enhanced T-cell-mediated immune function including the prolonged maintenance of naive T cells and the delay of the early rise of memory cells (16, 26, 58). Numerous studies have reported that CR significantly delays the onset of malignancy and autoimmune renal disease in autoimmune-susceptible and -resistant mice and rats (27, 37, 58, 64, 65). Furthermore, CR is known to increase the numbers of cytotoxic T cells, increase the level of resistance to influenza viral infection, reduce the incidence of ulcerative dermatitis, and preserve spleen interleukin-2 (IL-2) production (16, 26, 28, 43, 45, 58). There is evidence that calorie-restricted rodents are more resistant to a variety of stress-inducing agents or insults (37) including surgical trauma (38), heat shock (32), and the toxicities of a variety of drugs (20). Despite the wealth of most supportive evidence describing the cellular and molecular changes that are central to both immune effects and autoregulatory function and are critical to defense mechanisms. Also, macrophages play an important role in the pathogenesis of sepsis and septic shock (11). However, the effects of CR on sepsis and/or macrophage function have not yet been fully addressed. We first reported on the impaired antigen-presenting function of macrophages and decreased antigen-specific T-cell proliferation in C57BL/6 mice fed calorie-restricted diets (17); Shi et al. (54) later confirmed these effects in energy-restricted BALB/c mice. We therefore formulated a hypothesis that although CR increases T-cell-mediated cellular immune function against viral infection (25), it may impair antigen presentation and/or phagocytosis by macrophages. A recent review by Weindruch et al. (62) on CR has pointed out the paucity of studies in the area of CR and infection. Since studies of CR are already being carried out with primates (14, 30, 34, 60, 62) and plans are under way to initiate studies of CR with humans (49), it is urgent that the effects of CR on the immune response to commonly occurring pathogens be addressed as soon as possible to prevent any infection-related fatalities in humans during CR or weight-reduction studies.

In light of this, it was the aim of this particular study to examine first the effects of CR on the responsiveness of peritoneal macrophages to lipopolysaccharide (LPS), a major cell wall constituent of gram-negative bacterial organisms in vitro. Additional studies were conducted to examine the effects of CR on splenic NF-κB and NF-IL-6 activities and mortality in a murine model of polymicrobial sepsis induced by cecal liga-
tion and puncture (CLP). Since oxidative damage has been implicated in the pathogenesis of septic shock (9, 73) and animals fed calorie-restricted diets have been reported to have enhanced antioxidant enzyme capacity (13, 69), we have also determined the susceptibility to free radical-induced death by parquat poisoning of mice fed ad libitum (AL) and mice fed calorie-restricted diets.

MATERIALS AND METHODS

Materials. Fetal bovine serum, RPMI 1640 medium, and penicillin-streptomycin were purchased from GIBCO (Grand Island, N.Y.). LPS (Escherichia coli O111:B4) was supplied by Sigma Chemical Company (St. Louis, Mo.). All fluorescence-labeled monoclonal antibodies for CD14, I-A^d, tumor necrosis factor alpha (TNF-α), IL-6, and IL-12 were obtained from Pharmingen, San Diego, Calif. Perm-wash buffer was purchased from Becton Dickinson, San Jose, Calif. All other chemicals were reagent grade and were purchased from Sigma Chemical Co. Double-stranded consensus binding site oligonucleotides for NF-κB and NF-IL-6 (CCAT enhancer-binding protein) were obtained from Santa Cruz Biotechnology, Inc. (Santa Cruz, Calif.).

Animals. Inbred, weight-matched, female C57BL/6 weanling mice were obtained from Taconic Farms (Germantown, N.Y.) at 4 weeks of age. The mice were grouped and housed at five mice per cage in a temperature-controlled room at 24°C and were maintained on a 12-h dark and 12-h light cycle in the laboratory animal facility at the University of Texas Health Science Center at San Antonio. The mice were fed a nutritionally adequate semipurified diet (AIN76 formula) containing 5% (wt/wt) corn oil either AL or in a gradually restricted manner (CR) until the number of calories in the diet was 40% of the calories fed to the mice fed AL from 6 weeks of age, as described earlier (57). Briefly, the mice were initially fed 5 to 10% less than mice fed AL for the first 2 weeks and were then fed 10 to 20% less for the 3rd and 4th weeks and 40% less thereafter. The composition of the diet was 20% casein, 50% dextrose, 15% starch, 5% mML-glutamine, 10% Inbred, weight-matched, female C57BL/6 weanling mice were obtained from Taconic Farms (Germantown, N.Y.) at 4 weeks of age. The mice were grouped and housed at five mice per cage in a temperature-controlled room at 24°C and were maintained on a 12-h dark and 12-h light cycle in the laboratory animal facility at the University of Texas Health Science Center at San Antonio. The mice were fed a nutritionally adequate semipurified diet (AIN76 formula) containing 5% (wt/wt) corn oil either AL or in a gradually restricted manner (CR) until the number of calories in the diet was 40% of the calories fed to the mice fed AL from 6 weeks of age, as described earlier (57). Briefly, the mice were initially fed 5 to 10% less than mice fed AL for the first 2 weeks and were then fed 10 to 20% less for the 3rd and 4th weeks and 40% less thereafter. The composition of the diet was 20% casein, 50% dextrose, 15% starch, 5% cellulose, 5% corn oil, 3.5% AIN (American Institute of Nutrition) salt mixture, 1% AIN vitamin mixture, 0.3% cysteine, and 0.2% choline chloride. Mice fed a calorie-restricted diet were not given additional vitamin or mineral mixture supplements (48), primarily to prevent excess vitamin and mineral intake per gram of body weight, which may alter gene expression between mice fed AL and mice fed a calorie-restricted diet. After 20 weeks of feeding, the mice were used for the experiments. All animal care and surgical procedures were approved by the Institutional Animal Care and Use Committee.

Peritoneal macrophage isolation and culture. Ninety-six hours before the mice were killed, the mice received an intraperitoneal injection of 2.0 ml of thioglycolate broth (Sigma Chemical Co.). The mice were killed by carbon dioxide inhalation. The macrophages in the peritoneal exudate were harvested by lavage with 0.9% NaCl containing 0.02 M EDTA (pH 5.9) and 0.5% saponin for 30 min at room temperature. The plates were again washed four times with washing buffer, and the plates were incubated in room temperature with shaking. After two washes in wash buffer, 10^6 cells were incubated in 200 μl of wash buffer for 20 min at room temperature with either phycocerythrin (PE)-anti-CD14 or PE-anti-I-A^d antibody. The samples were analyzed with a FACScan (Becton Dickinson) flow cytometer with CellQuest software, as described earlier (1).

Intracellular cytokine staining. Intracellular cytokine analysis was carried out as described previously (22). Briefly, peritoneal macrophages were preincubated with LPS (1 μg/ml) for 18 h, and then brefeldin A (10 μg/ml) was added and the incubation was continued for 6 h. The cells were harvested and fixed with 1% PFA at 4°C for 1 h and then permeabilized by incubation with PBS containing 0.5% saponin for 30 min at room temperature to allow the antibodies to penetrate the cell membrane. The cells were then incubated with PE-conjugated anticytokine antibodies for 30 min at room temperature. Stained cells were analyzed on the FACScan flow cytometer with CellQuest software.

Cytokine and other protein mRNA expression. Total cellular RNA was isolated with the Trizol reagent (Gibco BRL) by the protocol recommended by the manufacturer. Aliquots of 2 μg of RNA were transcribed in a total volume of 20 μl with random primers and superSCRIPT II reverse transcriptase. Aliquots of 2 μl of the product obtained by reverse transcription were taken as substrates for PCR, as described previously (35, 42). The other PCR components were added as a master mixture containing 10 mM Tris·HCl (pH 8.0); 1.5 mM MgCl2; 50 mM KCl; dATP, dCTP, dTTP, and dGTP, each at a concentration of 200 mM; 100 ng of primer; sterile water; and 2.5 U of Taq polymerase in a final volume of 50 μl. The sequences for the primers for Toll-like receptor 2 (TLR2), TLR4, TNF-α, IL-6, IL-12, and β-actin were obtained from published literature (39, 46, 52). β-Actin was used as a housekeeping gene to control for the differences in mRNA quantity and/or level of degradation.

Aliquots of 10 μl of PCR product were analyzed by electrophoresis in a 1.5% agarose gel in TBE (Tris-borate-EDTA) buffer (pH 8.0) containing ethidium bromide and were visualized by UV illumination. Denaturation analysis for semiquantitation of the PCR products was performed with an Alpha Imager 2000 analyzer.

Preparation of nuclear extracts. Spleens were homogenized in solution A (0.6% Nonidet P-40, 10 mM KCl, 10 mM HEPES [pH 7.9], 0.1 mM EDTA, 0.1 mM EGTA, 0.1 mM dithiothreitol [DTT], 1.0 μg of leupeptin per ml, 5.0 μg of pepstatin ml, 0.5 mM phenylmethylsulfonyl fluoride, 5.0 μg of trypsin per ml, 5.0 μg of aprotinin per ml, 0.1 mM benzamidine) and incubated on ice for 30 min. The nuclei were then centrifuged for 5 min at 17,560 × g. Supernatants containing nuclear proteins were aliquoted and stored at −70°C. The protein concentration was determined by the Bradford assay.

Electrophoretic mobility shift assay. Oligonucleotides for NF-κB and NF-IL-6 were end labeled by treatment with T4 kinase in the presence of [γ32P]ATP. Labeled oligonucleotides were purified on a 5% polyacrylamide gel. Aliquots of 2.5 μg of nuclear protein were added to a binding reaction mixture containing 10 nM Tris·HCl (pH 7.5), 100 mM NaCl, 1 mM EDTA, 0.5 mM DTT, 1 μg of bovine serum albumin per μl, and 0.1 μg of poly(dI-dC)-poly(dI-dC) per μl; and the mixture was incubated on ice for 10 min. After incubation, 30,000 to 50,000 cpm of labeled double-stranded oligonucleotide was added to each sample. The mixtures were incubated for 10 min at room temperature and separated on a 5% polyacrylamide gel in 0.5× TBE buffer. The gels were vacuum dried and subjected to autoradiography. To eliminate nonspecific binding, cold competition was done by adding 100 ng of unlabeled double-stranded NF-κB and NF-IL-6 oligonucleotides to the reaction mixture before adding the labeled probes. Nonspecific competition was done by adding 100 ng of unlabeled double-stranded Sp-1 oligonucleotide before the addition of the labeled probes.

Flow immunoassays. Plasma TNF-α and IL-6 levels were measured by standard enzyme-linked immunosorbbent assay (ELISA) techniques. In brief, each well of flat-bottom 96-well microtiter plates were coated with 50 μl of purified anti-TNF-α and anti-IL-6 antibodies (4 μg/ml in binding solution) overnight at 4°C. The plates were rinsed four times with washing buffer, and diluted serum was added, followed by incubation for 2 h at room temperature. The plates were washed four times with washing buffer, followed by the addition of biotinylated anticytokine antibodies. The plates were incubated in room temperature for 1 h and then washed four times with washing buffer. Streptavidin–alkaline phosphatase conjugate was added, and the plates were incubated for 30 min at room temperature. The plates were again washed four times with washing buffer,

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and the chromogen substrate was added. The plates were then incubated at room temperature to achieve the desired maximum absorbance and were read at 410 nM in an ELISA reader.

Model of polymicrobial sepsis. Polymicrobial sepsis was induced by using a CLP model described for mice by Baker et al. (7) and Ayala et al. (6). In brief, after anesthesia with methoxyflurane, a midline incision was made. The cecum was isolated and ligated and was then punctured twice with a 25-gauge needle. A small amount of the bowel contents was extruded through the puncture holes to maintain their patency. Upon returning the bowel to the abdomen, the midline incision was closed in layers with 5-0 ethicon sutures. The animals were resuscitated with saline (40 ml/kg of body weight) administered subcutaneously. Mice that underwent a sham operation underwent the same procedure but without ligation and puncture of the cecum. The animals that were not subjected to anesthesia or surgery served as negative controls. Splenics and blood were harvested 4 h after the operation for assessment of NF-kB and NF-κB activation and for analysis of the levels of cytokine TNF-α and IL-6 mRNA expression. To examine the mice for mortality after CLP, the mice were observed four times daily over a period of 72 h.

Paraquat injection. Oxidative stress was induced as described by Migliaccio et al. (40). Briefly, mice were injected intraperitoneally with paraquat (methylviologen; 1,1-dimethyl-4,4′-bipyridinium dichloride) prepared in PBS at a dose of 70 mg/kg of body weight, and their health status was observed every 2 h.

Statistics. All data were analyzed by a factorial analysis of variance (ANOVA) with NCSS software (version 5.01; NCSS, Kaysville, Utah) or one-way ANOVA with Bonferroni’s posttest with GraphPad Prism software (version 3.00; GraphPad Software, San Diego, Calif.). A P value of <0.05 was considered significant. Survival analysis was done with NCSS statistical software (version 5.5). The data were fit to two different survival distributions, and the parameters for the two groups were compared by the Peto-Wilcoxon test and Gehan’s Wilcoxon test for the Weibull distribution and by the log rank test and the Cox-Mantel test for the exponential distribution. Results for the distribution of best fit were used to determine significance. Data for mice that had not died at the end of the observation period were treated as censored datum points.

RESULTS

Animal weights. Body weight was significantly affected by calorie restriction. Mice in the group fed AL tended to gain weight with age, whereas animals fed the calorie-restricted diet gained very little body weight. The data are shown in Fig. 1.

Peritoneal macrophage responsiveness to LPS ex vivo. Since macrophages are the first line of defense during the innate immune response and play an important role in the pathogenesis of sepsis and septic shock, we assessed the responsiveness of macrophages from animals fed a calorie-restricted diet and AL to LPS ex vivo. Figure 2 shows the result of flow cytometric analysis of peritoneal macrophages stained for intracellular cytokines. After 24 h of LPS stimulation ex vivo, peritoneal macrophages from mice fed a calorie-restricted diet produced significantly less IL-6 and IL-12 than macrophages from mice fed AL. Although the percentage of TNF-α-positive cells in mice fed a calorie-restricted diet was less, there was no statistically significant difference between these two groups. To determine the effect of CR on inflammatory cytokine gene expression, reverse transcription-PCR was carried out with the isolated RNA. Cytokine TNF-α, IL-6, and IL-12 mRNAs were present at low basal levels in unstimulated macrophages; and there were no differences between mice fed AL and mice fed a calorie-restricted diet. After LPS stimulation, TNF-α, IL-6, and IL-12 mRNA levels were lower in peritoneal macrophages from animals on a calorie-restricted diet than those isolated from mice fed AL (Fig. 3). These results show that the responsiveness to LPS of macrophages from mice fed a calorie-restricted diet was lower than that of macrophages from mice fed AL.

Peritoneal macrophage phagocytic function. In order to define the effects of CR on the phagocytic function of peritoneal macrophages, the levels of ingestion of fluorescence-labeled latex beads and zymosan were measured by flow cytometry. Figure 4 presents these measurements. Both before and after LPS stimulation, macrophage phagocytic function in mice fed a calorie-restricted diet remained lower than that in the group fed AL.

Peritoneal macrophage CD14 and I-Aβ antigen expression. The constitutive expression of LPS receptor CD14 (mice fed AL, 26.9% ± 2.8%; mice fed a calorie-restricted diet, 19.9% ± 3.2% [P, not significant]) and major histocompatibility complex class II (MHC II) antigen I-Aβ (mice fed AL, 53.2% ± 0.9%; mice fed a calorie-restricted diet, 37.6% ± 6.7% [P < 0.05]) on macrophages from mice fed a calorie-restricted diet was lower than that on macrophages from mice fed AL. After stimulation by LPS in vitro, CD14 expression (mice fed AL, 35.3% ± 3.1%; mice fed a calorie-restricted diet, 24.3% ± 3.5% [P < 0.05]) and I-Aβ expression (mice fed AL, 85.2% ± 0.9%; mice fed a calorie-restricted diet, 69.1% ± 3.0% [P < 0.05]) on macrophages increased in the group of mice fed a calorie-restricted diet.
diet, but to a lesser extent than that on macrophages from the group fed AL.

Expression of TLR2 and TLR4 mRNAs. Our primary data showed that TLR2 and TLR4 mRNA expression peaked at 12 h after LPS stimulation (data not shown). As shown in Fig. 3, after LPS stimulation, TLR2 and TLR4 mRNA expression in mice fed a calorie-restricted diet was significantly lower than that in mice fed AL.

Survival trends of mice fed AL and mice fed a calorie-restricted diet with CLP-induced polymicrobial sepsis. Figure 5 shows the 48-h survival pattern of C57BL/6 mice with CLP-induced sepsis. The first death was observed at 18 h in the group of mice fed a calorie-restricted diet, and all of the animals in the group of mice fed a calorie-restricted diet died within 36 h. Mice fed AL began to die later and survived significantly longer than mice fed a calorie-restricted diet ($P = 0.004$).

Splenic NF-κB and NF–IL-6 activation after polymicrobial sepsis induced by CLP. The effect of CLP on splenic NF-κB activation is presented in Fig. 6. Since splenic NF-κB nuclear binding activity peaked at 3 to 6 h after CLP (data not shown), we took the spleens at 4 h after CLP. The magnitude of the increase in NF-κB-binding activity was much greater in the group of mice fed a calorie-restricted diet than in the mice fed AL. Figure 7 shows the effect of CLP on splenic NF–IL-6 activation in the mice fed AL and the mice fed a calorie-restricted diet. Polymicrobial sepsis induces splenic NF–IL-6 activation in both the group fed AL and the group fed a calorie-restricted diet, but the NF–IL-6-binding activity was much higher in the group fed a calorie-restricted diet than in the group fed AL.

Effects of CR on TNF-α and IL-6 mRNA expression in splenic tissue of septic mice. The levels of TNF-α and IL-6 significantly higher in mice fed a calorie-restricted diet than in those fed AL ($P < 0.05$).
mRNA expression in splenic tissue were examined 4 h after CLP. We selected only these cytokines because of their potential role in sepsis, and they are known to be transcriptionally regulated by NF-κB. Previous investigations demonstrated that the levels of certain cytokines, such as TNF-α, IL-1β, and IL-6, are elevated in serum during the evolution of CLP-induced peritonitis and peak at 3 to 6 h after sepsis. In the present studies, serum TNF-α and IL-6 levels were higher in mice that underwent CLP than in control mice and mice that underwent a sham operation (Fig. 8).

**Generation of TNF-α and IL-6 in sera after CLP.** Previous investigations demonstrated that the levels of certain cytokines, such as TNF-α, IL-1β, and IL-6, are elevated in serum during the evolution of CLP-induced peritonitis and peak at 3 to 6 h after sepsis. In the present studies, serum TNF-α and IL-6 levels were higher in mice that underwent CLP than in control mice and mice that underwent a sham operation (Fig. 9). Interestingly, 4 h after induction of polymicrobial sepsis by CLP, the levels of TNF-α and IL-6 in mice fed a calorie-restricted diet, and especially the level of IL-6, were extremely high. These data indicate that TNF-α and IL-6 levels in systemic tissues in general were augmented much more during the evolution of CLP-induced peritonitis in mice fed a calorie-restricted diet than in mice fed AL, which may have caused earlier deaths due to sepsis in mice fed a calorie-restricted diet.

**Effect of CR on oxidative stress.** It is known that the numbers of oxidative stress-induced deaths are higher in mice fed AL than in mice fed a calorie-restricted diet. Since death from sepsis was found earlier in mice fed a calorie-restricted diet than in mice fed AL, we chose to compare oxidative stress-induced death in mice fed AL and mice fed a calorie-restricted diet. To examine the ability of mice fed a calorie-restricted diet to resist oxidative stress in vivo, animals were treated with paraquat, which generates superoxide anions upon cellular me-
to those of mice fed AL.

their antioxidant defense mechanisms were elevated compared
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P
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for 3 days after injection (Fig. 10). These differences between
one died within 12 h, four died within 48 h, and one survived
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C57BL/6 mice fed a calorie-restricted diet and mice fed AL were
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significantly earlier than mice fed a calorie-restricted diet (P = 0.0048).

rabies from mice fed a calorie-restricted diet generated less
NO and TNF-α as well as less TNF-α and IL-6 mRNA than
animals maintained on a diet fed AL. From these results, it
seems that the response to LPS of macrophages from mice on
calorie-restricted regimens depends on various factors includ-
ing the duration and extent of CR, the strain of animal used,
and the anatomical site from which the macrophages are iso-
lated.

It is well known that LPS mediates many of the pathophys-
ologic events in sepsis by stimulating the release of host-
derived proinflammatory cytokines (18). In response to endo-
toxin exposure, TNF-α, IL-1β, and IL-6 are produced by tissue
macrophages and peripheral monocytes. These cytokines have
been shown to produce many of the hemodynamic and inflam-
matory changes of sepsis either directly or indirectly. It has
only recently been reported that CD14 participates in the me-
diation of LPS responsiveness by high-affinity binding of LPS
during the innate immune response (67). We therefore ana-
yzed the CD14 expression in peritoneal macrophages by flu-
orescence-activated cell sorter analysis and found no difference
between the groups fed a calorie-restricted diet and AL. How-
ever, after LPS stimulation, the level of CD14 expression in the
macrophages of both groups was increased, but the percentage
of CD14+ cells was less in mice fed a calorie-restricted diet
than in mice fed AL, which may be one of the mechanisms
involved in the impairment of macrophage function in mice fed
a calorie-restricted diet.

Along with the CD14 receptor, several mammalian Toll ho-
mologues have recently been identified. Toll was first identi-
ced as a protein that controls dorsoventral pattern formation in the
early development of Drosophila (10). Since that time it has
been shown to participate in the antimicrobial immune re-
sponse. Two of these human Toll homologues, TLR2 and
TLR4, have been found to be involved in LPS signaling (36,
70). Because of a lack of availability of TLR2 and TLR4 an-
tibodies for mice, we chose to analyze the expression of mRNA
for these two receptors by reverse transcription-PCR and
found it to be significantly lower in macrophages from mice fed
a calorie-restricted diet than from mice fed AL. These results

FIG. 9. Effect of calorie restriction on serum cytokine TNF-α and
IL-6 levels of 6-month-old C57BL/6 mice fed a calorie-restricted diet.
Mice were treated as described in the legend to Fig. 8. Serum TNF-α
(A) and IL-6 (B) levels were quantitated by ELISA. Each bar repre-
sents the mean ± standard error of the mean of five independent
measurements. The means for bars labeled with different letters are
significantly different (P < 0.05).

FIG. 10. Survival of mice fed a calorie-restricted diet and mice fed
AL after challenge with the oxidizing agent paraquat. Six-month-old
C57BL/6 mice fed a calorie-restricted diet and mice fed AL were
injected intraperitoneally with paraquat at 70 mg/kg. Mice fed AL died
significantly earlier than mice fed a calorie-restricted diet (P = 0.0048).

DISCUSSION

In the present experiments, we first examined the effects of
CR on the responsiveness of peritoneal macrophages to LPS
ex vivo. The data indicated that the peritoneal macrophages of
young mice fed a calorie-restricted diet show a significantly
suppressed response to LPS. Intracellular cytokine analysis
revealed that the percentage of Il-12-, IL-6-, and TNF-α-pos-
itive cells from mice in the group fed a calorie-restricted diet is
lower after stimulation with LPS ex vivo. Similarly, macro-
phages from mice fed a calorie-restricted diet had significant
reductions in IL-6, IL-12, and TNF-α mRNA levels.

Surprisingly, very few studies have attempted to investigate
the effects of CR on the responsiveness of macrophages to
LPS. Dong et al. (19) addressed the effects of 25% CR on rat
alveolar macrophages. In vitro, LPS-stimulated alveolar mac-

metabolism. Groups of six 6-month-old mice were injected intra-
peritoneally with 70 mg of paraquat per kg. All of the mice fed
AL died within 12 h after injection, whereas of the six animals
fed a calorie-restricted diet and injected with paraquat, only
one died within 12 h, four died within 48 h, and one survived
for 3 days after injection (Fig. 10). These differences between
the two survival curves were found to be significantly different
(P = 0.0048). Furthermore, these data also suggest that mice
fed a calorie-restricted diet were not malnourished and that
their antioxidant defense mechanisms were elevated compared
to those of mice fed AL.

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suggest that the animals fed a calorie-restricted diet are likely to respond less to bacterial pathogens, whereas the response to an external insult is known to be intact in animals fed a calorie-restricted diet (53). Furthermore, the macrophages from mice fed a calorie-restricted diet showed hyporesponsiveness to the acute stress, as evidenced by down regulation of the expression of mRNAs for the LPS receptors TLR2 and TLR4 and the cytokines TNF-α, IL-6, and IL-12 as well as the release of decreased levels of TNF-α, IL-6, and IL-12 peptides.

It was established that IL-12 plays a crucial role in both the innate and the acquired immune responses. Although first recognized as a cytokine critical for activation of cytotoxic lymphocytes, the most important biological significance of IL-12 secretion relates to its effects on T-helper cells. IL-12 is known to drive Th1 cytokine production during physiological immune responses, mediated principally by its ability to stimulate proliferation and gamma interferon production in T cells and natural killer (NK) cells (29, 33). Furthermore, clinical evidence reveals a critical role for IL-12 in early resistance to postoperative infection (31). We also noted that macrophages from mice fed a calorie-restricted diet express less MHC class II antigen than those from mice fed AL. LPS-induced augmentation of MHC class II antigen I-Ab was also found to be less in macrophages from mice fed a calorie-restricted diet. In addition to decreased levels of CD14, TLR2, and TLR4 expression, MHC class II also modifies LPS responsiveness. A lack of or a low level of expression of MHC class II molecules results in diminished secretion of proinflammatory cytokines by macrophages following stimulation with LPS (47). These results are consistent with those described in our first report that CR leads to impaired antigen processing and presentation by macrophages and/or defects in recognition of antigen in vivo by T cells in young C57BL/6 mice (17).

Thus, in support of our previous observation, our present results also show that CR either suppresses the macrophage phagocytic function or delays macrophage maturation. We used two different approaches to assess the macrophage phagocytic function: phagocytosis of latex beads and phagocytosis of zymosan. Both approaches showed similar trends. These results, however, do not agree with the findings of Dong et al. (19), who examined alveolar macrophages in rats fed a calorie-restricted diet. They found that CR enhanced phagocytic function in both control and ozone-exposed rats. The discrepancy may be due to two factors. First, the duration of CR and the species of animals used were different. They restricted calories only by 25% for 21 days, whereas we restricted calories by 40% for 5 months. Second, macrophages in different anatomical sites behave differently (5).

In addition to studying the functional activity of macrophages, we also used the CLP model to assess the effect of CR on septic shock. The CLP model in rodents is analogous to perforated appendicitis in humans (7). It produces peritonitis that leads to 95% mortality within 48 to 72 h (15). This is a widely used model that has been found to mimic the clinical disease symptoms of polymicrobial sepsis and septic shock (15). Our present results show that CR renders young C57BL/6 mice more susceptible to sepsis than mice fed AL. Animals in the group fed a calorie-restricted diet died earlier than animals in the group fed AL. Peck et al. (44) investigated the effects of CR and protein restriction on mortality in A/J mice subjected to salmonella infection. They showed that after 3 weeks of feeding of a calorie-restricted diet, CR improved the survival rate. This discrepancy may again be due to strain differences and differences in the duration of CR. For instance, the mice fed a calorie-restricted diet were supplemented with additional levels of minerals and a vitamin mixture to maintain their intake equal to that of the mice fed AL, whereas in the present study the mice fed a calorie-restricted diet were not supplemented with additional mineral and vitamin mixtures, which may cause increased numbers of deaths among the mice fed a calorie-restricted diet. However, this needs to be confirmed in studies with and without vitamin supplements to determine the protective effects of vitamins and minerals in preventing the immune deficiency in sepsis and/or other bacterial infections.

In our present studies, the earlier deaths due to sepsis in mice fed a calorie-restricted diet appear to be due to increased levels of TNF-α and IL-6 mRNA expression in the spleen and activation of the transcriptional factors NF-κB and NF-IL-6, whose levels we measured 4 h after induction of CLP in both groups. These results are in agreement with previous observations made in CLP studies by other investigators (12, 66). The levels of both TNF-α and IL-6 mRNA expression and NF-κB and NF-IL-6 activation in the spleen were found to be higher in the group fed a calorie-restricted diet than in the group fed AL. Several lines of evidence show that activation, nuclear translocation, and binding of NF-κB or NF-IL-6 are pivotal steps in controlling the transcription of genes coding for proinflammatory and immunoregulatory cytokines (41, 61, 68, 72). Activation of NF-κB and NF-IL-6 in the early stages of sepsis accompanies bacteremia, cytokine expression, and mortality (12, 66). Furthermore, we observed that systemic TNF-α and IL-6 levels were significantly increased after CLP. Of greatest interest is that systemic TNF-α and IL-6 levels were much higher in mice fed a calorie-restricted diet than in mice fed AL. This finding is somewhat in contrast to the findings of Spaulding et al. (56), who reported that CR prevents the rise in serum TNF-α and IL-6 levels during aging. Those investigators, however, did not measure TNF-α and IL-6 levels after stimulation either in vivo or in vitro to establish the differences between young and old mice fed a calorie-restricted diet and young and old mice fed AL. TNF-α and IL-6 are the typical proinflammatory mediators, and it is well known that they are released during polymicrobial sepsis (2, 4). High levels of IL-6 in the circulation have been reported to be one of the more consistent markers associated with increased rates of morbidity and mortality in traumatic injury and/or sepsis (8). Salkowski et al. investigated the production of cytokines and chemokines during the early phase of sepsis induced by CLP (51). The data indicate that polymicrobial sepsis stimulates a broad range of cytokines during the early periods of sepsis (51). In the present study, we did not examine cytokine expression in other organs, which needs to be carried out. Other studies have shown that, besides macrophages from the spleen, macrophages from the liver are another predominant source of proinflammatory cytokines during polymicrobial sepsis (3).

The results of our present CLP study suggest that CR, initiated at 6 weeks, increases the susceptibility of mice to polymicrobial sepsis and suppresses macrophage function, as evidenced by a decrease in the levels of expression of the LPS receptors CD14, TLR2, and TLR4 after stimulation by LPS.
and suppression of macrophage phagocytic function and MHC class II antigen expression. After infection is established, it is quite possible that macrophages in animals fed a calorie-restricted diet are unable to function adequately to prevent the rise in the number of invading pathogens, and the pathogens may spill over into the system due to the impairment of the activation of immune cells (T cells, NK cells, neutrophils). Furthermore, it is also possible that the regulation of Th-1 and Th-2 cytokines may be altered by CR, thereby releasing more proinflammatory cytokines, which leads to failure to confine the infection and, consequently, induction of more severe sepsis, septic shock, and/or multiorgan dysfunction.

The earlier deaths from sepsis in mice fed a calorie-restricted diet are quite surprising since CR is known to prolong the life span in virus-infected mice (25). We and others have reported higher cytotoxic T-cell function in mice fed a calorie-restricted diet (21, 24). We speculate that CR initiated at 6 to 8 weeks of age may have a selective immunosuppressive effect on macrophages due to increased levels of cortisol, which are known to increase in animals fed a calorie-restricted diet (50). It is possible that if CR is started in adult mice aged 4 to 6 months, the macrophage function may be less impaired compared to that in 6- to 8-week-old mice, although the survival rate is known to be much less in adult animals fed a calorie-restricted diet than in 6- to 8-week-old animals fed a calorie-restricted diet (63). However, this needs to be studied in detail soon.

Oxidant damage is known to be increased in septic shock and endotoxemia and has been implicated in the pathogenic mechanism (9, 73). Several previous studies showed that CR can increase the levels of antioxidant enzymes superoxide dismutase and catalase and decrease the levels of free radicals (13, 55, 71). In order to determine the effect of CR on oxidative stress in vivo, both animals fed AL and animals fed a calorie-restricted diet were also treated with paraparat. In contrast to the deleterious effects of CR on mice with sepsis, the results from paraparat administration show that CR enhances or maintains the increased level of resistance to oxidative stress in vivo. Thus, the results of the present studies are similar to those reported earlier by others and show that mice fed a calorie-restricted diet have increased resistance to oxidative stress (53); the greater susceptibility to infection is not due to dietary deficiency and/or the effect of young age.

Although our present findings suggest that CR increases susceptibility to CLP in young mice, experiments are urgently needed to establish the role of CR during aging. It is quite possible that with age mice fed a calorie-restricted diet may develop increased resistance to bacterial infection, whereas older mice (24 months or older) fed AL may become more susceptible than mice fed a calorie-restricted diet due to the age-related decline in immune function (23, 59). We and several other investigators have shown a decline in IL-2 production with age in mice fed AL (23, 26, 43, 58), whereas CR maintains better cell-mediated immune function during aging. Thus, additional studies with aged mice fed a calorie-restricted diet and mice fed AL are needed to measure the response to CLP as well as resistance to well-known gram-negative and gram-positive bacterial pathogens.

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