Development and Use of a Serum Bactericidal Assay Using Pooled Human Complement To Assess Responses to a Meningococcal Group A Conjugate Vaccine in African Toddlers

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A meningococcal group A polysaccharide (PS) conjugate vaccine (PsA-TT) has been developed for African countries affected by epidemic meningitis caused by Neisseria meningitidis. Complement-mediated serum bactericidal antibody (SBA) assays are used to assess protective immune responses to meningococcal vaccination. Human complement (hC) was used in early studies demonstrating antibody-mediated protection against disease, but it is difficult to obtain and standardize. We developed and evaluated a method for sourcing hC and then used the SBA assay with hC (hSBA) to measure bactericidal responses to PsA-TT vaccination in 12- to 23-month-old African children. Sera with active complement from 100 unvaccinated blood donors were tested for intrinsic bactericidal activity, SBA titer using rabbit complement (rSBA), and anti-group A PS antibody concentration. Performance criteria and pooling strategies were examined and then verified by comparisons of three independently prepared hC lots in two laboratories. hSBA titers of clinical trial sera were then determined using this complement sourcing method. Two different functional antibody tests were necessary for screening hC. hSBA titers determined using three independent lots of pooled hC were within expected assay variation among lots and between laboratories. In African toddlers, PsA-TT elicited higher hSBA titers than meningococcal polysaccharide or Hib vaccines. PsA-TT immunization or PS challenge of PsA-TT-primed subjects resulted in vigorous hSBA memory responses, and titers persisted in boosted groups for over a year. Quantifying SBA using pooled hC is feasible and showed that PsA-TT was highly immunogenic in African toddlers.
of subjects in a study of the PsA-TT vaccine in African toddlers 12 to 23 months of age (2).

MATERIALS AND METHODS

Human complement source preparation and qualification. Whole blood (30 ml) from healthy adult blood donors who had routine blood donation screening at the National Institutes of Health was placed on ice for transportation, allowed to clot at 37°C for 15 min, centrifuged at 5°C to separate serum, aliquoted, immediately frozen on dry ice, and stored at −80°C. These individual hC₉ sources were tested for intrinsic bactericidal activity, rSBA titer, total anti-group A PS IgG, IgA, and IgM (IgGAM) antibody concentration, anti-group A PS IgG, and total hemolytic complement activity (RC001; The Binding Site Group Ltd., Birmingham, United Kingdom) as described below. Each of the first 100 blood donations was assigned sequentially by enrollment order to one of three groups (A, B, or C), and individual sera within each group were selected if they exhibited a lack of intrinsic killing, an rSBA titer of ≤8, an IgGAM concentration of <30 μg/ml (the upper 95% confidence interval [CI] of the geometric mean concentration [GMC] for the first 100 donor sera), and normal complement activity. Equal volumes of individual hC₉ sources that met screening criteria were pooled on ice, aliquoted, and stored at −80°C until use (hC₉ lots C11, C12, and C13 from groups A, B, and C, respectively). Sera that met the intrinsic and rSBA criteria but had high total anti-group A PS antibody concentrations of >30 μg/ml were evaluated as a separate hC₉ pool (hC₉ lot C14). Pooled hC₉ was qualified by applying the same screening criteria as the individual sera. Subsequent hC₉ pools created for testing clinical study samples were further qualified by using the hC₉ pool as a complement source in hSBA assays testing negative and low-titer positive-control and high-titer positive-control sera, with the requirement that the assigned hSBA titers (± one 2-fold dilution) were obtained.

Intrinsic SBA growth curve assay. The N. meningitidis group A target strain CDC lab no. F8238 (phenotype A:4,21:P1.20,9,L11) as previously described by Maslanka et al. (10) was subcultured onto brain heart infusion broth with horse serum (BHI-HS) agar and incubated overnight with 5% CO₂ at 37°C, streaked for confluence onto BHI-HS agar, and incubated with horse serum (BHI-HS) agar and incubated overnight with 5% CO₂. The bacterial suspension in DPBSGG were incubated at 37°C with shaking.

rSBA titer, total anti-group A PS antibody concentrations of >30 μg/ml were evaluated as a separate hC₉ pool (hC₉ lot C14). Pooled hC₉ was qualified by applying the same screening criteria as the individual sera. Subsequent hC₉ pools created for testing clinical study samples were further qualified by using the hC₉ pool as a complement source in hSBA assays testing negative and low-titer positive-control and high-titer positive-control sera, with the requirement that the assigned hSBA titers (± one 2-fold dilution) were obtained.

Exogenous complement SBA assay. The rSBA and hSBA assays performed in the CBER laboratory were conducted using the microtiter plate with agar overlay assay, described by Maslanka et al. (10), adapted to a 40-μl reaction volume with the following modifications: 10 μl of strain F8238 diluted to 1:2 × 10⁵ CFU/ml in DPBSGG (50 to 80 colonies per 10 μl) was added to 20 μl/well of serial 2-fold dilutions (1:4 to 1:1,024) of heat-inactivated serum in DPBSGG. Ten microliters of rabbit complement (Pel Freez Biologicals, Milwaukee, WI) or pooled hC₉ was added for rSBA or hSBA, respectively. Sealed plates were incubated at 37°C with shaking at 110 rpm for 90 min. Fifty microliters of warm (48°C) tryptic soy broth (Becton, Dickinson and Co., Sparks, MD) with 1% noble agar (Becton, Dickinson and Co., Sparks, MD) (TSB-noble agar) was added per well and cooled for 5 min, and an additional 25 μl TSB-noble agar cap was added per well. CFU per well after overnight incubation at 37°C with 5% CO₂ were counted using a dissecting microscope. The SBA titer was the reciprocal of the highest dilution resulting in ≥50% killing compared to the average colony count for active complement-only control wells. Sera were run in duplicate, and the assigned titer was the geometric mean of the duplicates rounded down to the nearest step titer if the duplicate titers were within 4-fold of each other. Sera with discrepant duplicates or with curves that crossed the 50% killing threshold more than once were repeated a maximum of two times, and, if unresolved, were called indeterminate.

hSBA assays performed at the Public Health England (PHE) Laboratory, Manchester, United Kingdom, used the internationally standardized rSBA dip plate method (10) with pooled human complement lots prepared at CBER and shipped overnight on dry ice.

Anti-group A PS ELISA. Anti-group A PS IgG and total IgGAM antibody concentrations of >30 μg/ml were evaluated as a separate hC₉ pool (hC₉ lot C14). Pooled hC₉ was qualified by applying the same screening criteria as the individual sera. Subsequent hC₉ pools created for testing clinical study samples were further qualified by using the hC₉ pool as a complement source in hSBA assays testing negative and low-titer positive-control and high-titer positive-control sera, with the requirement that the assigned hSBA titers (± one 2-fold dilution) were obtained.

Test sera. CDC meningococcal quality control (QC) sera (collected after meningococcal ACWY polysaccharide vaccination) (11), standard reference serum (CDC1992) (11), deidentified sera from vaccinated laboratory personnel obtained as part of routine laboratory safety surveillance, and sera obtained 28 days after vaccination with PS or PsA-TT during the phase 1 study conducted in young adults in India (13) were used in the evaluation of complement screening and pooling methods. To assess the feasibility of the methods in supporting clinical trials, sera were tested from a randomized subset of subjects (n = 180) from the phase 2 study of PsA-TT conducted in African toddlers 12 to 23 months of age (2).

The clinical study subjects received a primary immunization with PsA-TT, quadivalent polysaccharide vaccine (PsACWY), or a Haemophilus influenzae type b conjugate vaccine (Hib). Each primary immunization group was randomized to receive PsA-TT, a one-fifth dose of PsACWY, or Hib at 10 months following the primary immunization (see Fig. S2 in the supplemental material). Aliquots of sera drawn 28 days following the primary immunization, 10 months following the primary immunization prior to the second immunization, 28 days following the second immunization, and 24 months after the primary vaccination, coded and blinded to vaccine group, were heat inactivated at 56°C for 30 min prior to testing and then stored at −20°C.

Statistical analysis. For the method development assays using different lots of pooled hC₉, fold differences between the titers of an individual serum for each complement lot tested within an individual laboratory were compared. For interlaboratory comparisons, the median titers of values reported for each sample within each laboratory were compared. Negative samples were assigned a value of 2 (1/2 of the reciprocal of the limit of detection). Titers of ≥1,024 were defaulted to 1,024 for analysis.

hSBA results from the phase 2 study subsets were compared by vaccine group for sera obtained at 28 days after primary vaccination and 10 months later, prior to the second immunization, using a t test for the geometric mean titer (GMTs) and Fisher’s exact test for the proportion of subjects with hSBA titers of ≥8. The threshold titer of 8 was used to define a positive sample to allow for assay variability around the starting dilution of 1:4. GMT and the proportion with hSBA titers of ≥8 for the time points of 28 days after the second immunization and 2 years after primary im-
munizations are shown with 95% CI but are observational only, due to the small sample size following subdivision of the initial study subset groups each into three different secondary vaccination groups (n = 13 to 22 per group). Negative values were assigned a value of 2, as described above for GMT calculations.

Ethics. These studies were reviewed and exempted by the FDA Research Involving Human Subjects Committee. Blood donor sera were deidentified except for age, sex, and race of the donor and were assigned a unique number that was used by the National Institutes of Health blood bank to exclude receipt of samples from the same donor. PsA-TT trial sera were encoded by an accession number with no identifiers. Appropriate ethics approvals were obtained for the clinical trials from which the test sera originated (2, 13).

RESULTS
Demographics of blood donors. One hundred sequential blood donors were used to develop our complement source screening and pooling methods. These donors were 18 to 77 years of age (average, 41.3 years), 32% female, 68% male, 74% Caucasian, 21% African American, 4% Hispanic, and 1% Native American. All donors passed standard screening tests for blood donations and were excluded if they had previously received a meningococcal vaccine. Each blood donation was assigned sequentially by enrollment order to one of three groups (A, B, or C) for use in one of three independent complement lots. Demographic characteristics were similar between the three groups (see Table S1 in the supplemental material).

Serologic evaluation of blood donor complement sources. Overall, 51 of 100 individual samples lacked intrinsically killing of F8238, 48 samples had an rSBA titer of ≤ 8, and 31 sera met both functional screening criteria. Concentrations of anti-group A PS IgG (see Fig. S1 in the supplemental material) and IgGAM (data not shown) did not predict rSBA titer or intrinsically killing. Within each of the three donor groups, samples were pooled that were intrinsically negative, had an rSBA titer of ≤ 8, and had an IgGAM anti-group A PS antibody concentration below the upper 95% CI of the GMC for all 100 complement source samples (lots C11, C12, and C13). Lot C14 was comprised of samples from the three donor groups that met the intrinsically and rSBA criteria but had anti-group A PS IgGAM concentrations of > 30 μg/ml.

Pooled hC performance. In the CBER laboratory, performance of the hC’ lots was initially tested in hSBA assays of 21 sera comprising seven CDC QC sera (11), CDC1992, and 13 deidentified sera from laboratory personnel obtained before or after meningococcal quadrivalent polysaccharide vaccination. These assays indicated that low (< 4/32) but similar titers (± one 2-fold dilution) were obtained for the majority of sera using each complement pool lot (data not shown). Based on these data, performance of the complement lots across the range of expected post-vaccination titers was tested using postimmunization sera from the PsA-TT phase 1 clinical study (13) in both the CBER and PHE laboratories.

In the CBER laboratory (Fig. 1A), 15 sera were tested; three sera were tested with each of four complement lots, and 12 sera were tested using lots C12, C13, and C14. Valid titers were obtained in 44 of the 48 tests, while two were indeterminate (sample 22015 with C12 and C13) and two were ≥ 64 but had insufficient sample remaining to test at higher dilutions (samples 11013 and 22006 with C12). Overall, results between different lots for 43/44 tests and 14/15 sera were within one 2-fold dilution of the median titer, which is the expected assay variability.

In the PHE laboratory, 20 PsA-TT phase 1 clinical study sera (the 15 sera tested in the CBER laboratory and five additional) were tested using lots C11, C12, and C13, and then each serum was repeated a fourth time with one of the three complement lots (four assays for each serum). Valid titers were determined in 71 of the 80 assays. Of the 16 sera with two valid titers from the same complement lot, two differed by more than 4-fold, one had titers that were 4-fold different, and 13 were within a single 2-fold dilution of each other (data not shown). The repeated complement lot titer was used for lot comparison only if the first assay with the same lot was not valid. Data for 18 samples with valid titers from more than one complement lot are shown in Fig. 1B. Overall, of 52 valid tests among 18 sera, 45 (87%) were within expected assay variability regardless of lot. Due to limited complement volume, indeterminate or inconsistent results were not repeated.

The results obtained in the CBER and the PHE laboratories were compared by using the median value for the 15 PsA-TT phase 1 clinical study sera tested in both laboratories. Median titers were similar: of 14 samples, two samples were discrepant between laboratories, being < 4 and 4 in one laboratory and midrange positive (16 and 64) in the other (Fig. 1C). One sample was excluded because the two valid titers within one laboratory were too discrepant (< 4 and 128) to assign a meaningful median titer.

hSBA immune responses in clinical study sera. We utilized the same screening and pooling methods to prepare hC’ for testing hSBA responses in the PsA-TT vaccine study conducted in African children 12 to 23 months of age (2). The clinical study design and hSBA sample subsets are shown in Fig. S2 in the supplemental material. Samples collected at four time points from 180 randomly selected study participants were tested. hSBA GMTs at 28 days after primary vaccination and 10 months later are shown in Fig. 2, and the proportions of subjects with hSBA titers of ≥ 8 are shown in Table 1. Similar to the reported results of rSBA and anti-group A PS IgG concentration (2), PsA-TT was immunogenic in toddlers following a single dose: the hSBA GMT at 28 days after the primary immunization was higher for the PsA-TT group (P < 0.0001) and remained higher than the PsACWY group 10 months later (P < 0.005). Also, a higher proportion of subjects who received the PsA-TT vaccine had titers of ≥ 8 (P < 0.0001).

All subjects had been randomized to one of three secondary immunization groups, and samples were drawn for immunogenicity testing at 28 days after secondary immunization and 2 years after study enrollment. The analysis of hSBA responses following the second immunization was limited by the small number of hSBA subset subjects in each secondary group. However, the hSBA GMTs for the groups that received PsA-TT or a one-fifth dose of PsACWY following a primary dose of PsA-TT (PP, PM; Fig. 2) were consistent with a memory response in primed subjects. Two years following study enrollment, the majority of PsA-TT-primed subjects who received either PsA-TT or a one-fifth dose of PsACWY as their second immunization had hSBA titers of ≥ 8 (28/37, 76%; Table 1). hSBA GMTs at 28 days following PsA-TT or a one-fifth dose of PsACWY administered 10 months after PsACWY (MP, MM; Fig. 2) were less than those of the PsA-TT-primed groups. The 4 groups that received a single meningococcal vaccine (MH, PH, HM, HP) all had GMT point estimates at 28 days after the second vaccination that were lower than those of the MP group, and all were similar to those of HH at 2 years following study enrollment (data not shown). The reverse cumulative distribution curves for the PsA-TT primary immunization
FIG 1 hSBA titers of serum samples determined using independent pooled human complement (hC') lots. Two-fold serum dilutions from 1:4 to 1:1,024 were tested. Titers of <4 are shown as values of 2. (A) Comparison of hSBA titers for 15 samples using hC' lots C12, C13, and C14 analyzed in the CBER laboratory; data for 3 samples tested with lot C11 are included. Indeterminate titers \( n = 2 \) and titers of \( \geq 64 \) with insufficient sample to test at higher dilutions \( n = 2 \) are not shown. (B) Comparison of reported titers for 18 samples tested using hC' lots C11, C12, and C13 in the PHE laboratory. Two samples with data available for only one hC’ lot are not shown. (C) Comparison of the median values of 14 samples between the CBER and PHE laboratories. Sample 33005 is not shown, as a valid median titer (panel B) was not determined.
group at each time point are consistent with a strong booster response in PsA-TT-primed subjects and persistence of hSBA at the 2-year time point for the majority of PsA-TT-primed and -boosted subjects (Fig. 3).

**DISCUSSION**

In this study, we successfully developed a strategy for screening and pooling human complement sources and produced three independent lots of complement that gave reproducible results in group A hSBA assays of adult sera. The strategy was based on excluding donor sera with functional antibody activity combined with pooling sera from six to nine individuals as the final complement source. Both of the functional antibody screening tests appeared to provide data on which possible complement sources to exclude. Less than half of the excluded sera failed both the intrinsic and rSBA criteria, so a single functional screening test would not have identified all excluded sources. Those that failed one functional screening test also could not be distinguished from the suitable complement sources by anti-group A PS IgG or IgGAM concentration. Although it is not clear why some complement source sera with high rSBA titers were intrinsically negative and some intrinsically bactericidal sera were not positive in the rSBA assay, our approach of using both functional assays as screening criteria likely contributed to the successful identification of sera that could be used to create pools of complement that remained negative in terms of direct bacterial killing and performed consistently among lots.

The presence of measurable anti-group A PS antibody was common (92%) among our population of adult blood donors.

**TABLE 1** Proportion of subjects with hSBA titers of ≥8 in the intention-to-treat population

<table>
<thead>
<tr>
<th>Primary vaccine</th>
<th>Secondary vaccine</th>
<th>28 days after primary</th>
<th>10 mo after primary</th>
<th>28 days after 2nd vaccine</th>
<th>14 mo after 2nd vaccine</th>
</tr>
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<tbody>
<tr>
<td>PsA-TT</td>
<td>PsA-TT</td>
<td>42/57; 73.7% (60.3, 84.5)</td>
<td>11/55; 20.0% (10.4, 33.0)</td>
<td>11/13; 84.6 (54.6, 98.1)</td>
<td>12/15; 80.0 (51.9, 95.7)</td>
</tr>
<tr>
<td>PsA-TT</td>
<td>PsACWY</td>
<td>22/22; 100.0 (84.6, 100.0)</td>
<td>3/18; 16.7 (3.6, 41.4)</td>
<td>16/22; 72.7 (49.8, 89.3)</td>
<td>4/19; 21.1 (6.1, 45.6)</td>
</tr>
<tr>
<td>PsA-TT</td>
<td>Hib</td>
<td>3/18; 16.7 (3.6, 41.4)</td>
<td>4/19; 21.1 (6.1, 45.6)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PsACWY</td>
<td>PsA-TT</td>
<td>8/62; 13.1 (5.8, 24.2)</td>
<td>3/59; 5.1 (1.1, 14.1)</td>
<td></td>
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<tr>
<td>PsACWY</td>
<td>PsACWY</td>
<td>13/19; 68.4 (43.4, 87.4)</td>
<td>7/20; 35.0 (15.4, 59.2)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PsACWY</td>
<td>Hib</td>
<td>9/17; 52.9 (27.8, 77.0)</td>
<td>5/18; 27.8 (9.7, 53.5)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hib</td>
<td>PsA-TT</td>
<td>2/21; 9.5 (1.2, 30.4)</td>
<td>8/22; 36.4 (17.2, 59.3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hib</td>
<td>PsACWY</td>
<td>6/16; 37.5 (15.2, 64.6)</td>
<td>5/16; 31.3 (11.0, 58.7)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hib</td>
<td>Hib</td>
<td>4/22; 18.2 (5.2, 40.3)</td>
<td>3/20; 15.0 (3.2, 37.9)</td>
<td></td>
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*Fisher’s exact test of percentage of subjects with titers of ≥8, P < 0.0001 for PsA-TT compared to PsACWY and compared to Hib at 28 days after primary immunization.

*Fisher’s exact test of percentage of subjects with titers of ≥8, P = 0.0014 for PsA-TT compared to PsACWY, and P = 0.0212 for PsA-TT compared to Hib at 10 months after primary immunization.

*Fisher’s exact test of percentage of subjects with titers of ≥8, P = 0.0169 for PsACWY compared to Hib at 28 days after primary immunization.

*No significance testing performed.
The results of the fourth complement lot (C14), comprised of functionally negative sera with high anti-group A PS antibody concentrations, suggest that anti-PS IgGAM, when not functional in either killing assay, is not a necessary exclusion criterion; however, further study is needed. Anti-group A PS antibody in this population is most likely through exposure to cross-reacting polysaccharides found in various enteric bacteria (14, 15).

We found that hSBA titers obtained using different pooled complement lots were within the expected 4-fold assay variability (a single 2-fold dilution above or below a given titer). These data suggest that using suitable pooled human complement sources is a feasible approach for development of a reproducible group A hSBA assay. Since serum is a highly complex biologic reagent, establishing the similarity of individual single sources could be difficult. Pooling likely averages many unmeasured factors, reducing complement lot to lot variability, simplifying complement qualification, and thereby increasing the ability of the assay to generate data that are reproducible and consistent among studies.

The hSBA responses observed in African toddlers following one or two doses of PsA-TT indicate that a strong functional immune response followed immunization with the conjugate vaccine. Based on a threshold titer of 8, the results from 28 days after the primary vaccination for subjects who did not receive a meningococcal vaccine identify approximately 87% of that population below the threshold. Vaccination with the conjugate vaccine decreased the proportion of the population with hSBA titers of <8 to below 26%, while a much smaller vaccine effect was observed in this young population with the PS vaccine. These serologic observations are consistent with what would be expected immunologically. In PsA-TT-primed subjects, the hSBA results suggest a vigorous response to a second PsA-TT immunization or to PS challenge, and hSBA in these two groups at 2 years after primary immunization was clearly distinct from the persistence of hSBA in the remaining groups. Although sample sizes were small in each group, these data suggest persistence of functional antibody responses in this young population following a second dose.

The rapid decline in hSBA titers following a single dose has been observed with other group A meningococcal conjugate vaccines (16-20) and is consistent with observations reported in this population for rSBA GMT and IgG GMC. However, the magnitude of hSBA response is much less, and by threshold analyses, hSBA persists in a smaller proportion of the immunized group than indicated by rSBA or IgG ELISA immunoassays (2). Differences among the assays were also observed in our previous report of hSBA responses to PS or conjugate vaccination in the Meningitis Vaccine Project (MVP) PsA-TT phase 1 study. hSBA determined using pooled human complement as described here was compared with rSBA, anti-PS antibody, and opsonophagocytosis (21). In that study, the greatest correlation between assays was for the hSBA and IgG ELISA concentration in the conjugate-vaccinated group. Without efficacy data for group A conjugate vaccines in this age group, the clinical significance of differences between serologic assays is currently not known. Vaccine efficacy of polysaccharide vaccines in young children has been examined (22), but a Cochrane study of meningococcal polysaccharide vaccine efficacy concluded that the existing data are inadequate to evaluate age differences or duration of efficacy following PS vaccination (23). Therefore, historical clinical efficacy information does not help in interpretation of differences between the serologic results for the PS arm of this clinical study. Expanded immunologic studies and careful epidemiologic surveillance after vaccine implementation in African nations may contribute to the interpretation of differences between these immunoassays.

In this study, methods were successfully developed for process-
ing, screening, and pooling human sera for use as a complement source in \textit{N. meningitidis} group A hSBA assays. The PsA-TT monovalent conjugate vaccine was highly immunogenic in African toddlers 12 to 23 months of age, and persistence of hSBA activity was seen for over a year following a second dose. The hSBA assay using a pooled human complement source is a practical, reliable method for assessing immune responses to meningococcal vaccines and can generate data that may have substantive relevance in evaluating vaccine use.

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M.-P.P. is a staff member of the World Health Organization. The remaining authors have no conflicts to declare.

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