Immunoglobulin M Antibody Responses to *Mycobacterium ulcerans* Allow Discrimination between Cases of Active Buruli Ulcer Disease and Matched Family Controls in Areas Where the Disease Is Endemic

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Buruli ulcer disease (BUD) is an emerging disease caused by *Mycobacterium ulcerans*. In the present study we have characterized the serological reactivities of sera from volunteer case patients with laboratory-confirmed BUD and controls living in three different regions of Ghana where the disease is endemic to determine if serology may be useful for disease confirmation. Our results showed highly reactive immunoglobulin G (IgG) responses among patients with laboratory-confirmed disease, healthy control family members of the case patients, and sera from patients with tuberculosis from areas where BUD is not endemic. These responses were represented by reactivities to multiple protein bands found in the *M. ulcerans* culture filtrate (CF). In contrast, patient IgM antibody responses to the *M. ulcerans* CF (MUCF) proteins were more distinct than those of healthy family members living in the same village. A total of 84.8% (56 of 66) of the BUD patients exhibited strong IgM antibody responses against MUCF proteins (30, 43 and 70 to 80 kDa), whereas only 4.5% (3 of 66) of the family controls exhibited such responses. The sensitivity of the total IgM response for the patients was 84.8% (95% confidence interval [CI], 74.3 to 91.6%), and the specificity determined with sera from family controls was 95.5% (95% CI, 87.5 to 98.4%). These studies suggest that the IgM responses of patients with BUD will be helpful in the identification and production of the *M. ulcerans* recombinant antigens required for the development of a sensitive and specific serological assay for the confirmation of active BUD.

Buruli ulcer disease (BUD) is the most common mycobacterial disease after tuberculosis (TB) and leprosy among immunocompetent people in regions of Africa where BUD is endemic (34). The disease is characterized clinically by indolent, necrotizing skin ulcerations. Skin lesions progress over weeks to months from typically painless, subcutaneous nodules or plaques to large undermined ulcers, usually in the absence of systemic signs of illness. Adverse sequelae are common and include extensive scarring, flexion contractures, osteomyelitis, loss of limbs, and blindness. Over the past decade, there has been a considerable increase in the number of BUD cases in West Africa (15, 18, 19). In areas where the disease is endemic, BUD has replaced TB and leprosy as the most prevalent mycobacterial disease and affects up to 22% of the population in some communities (34). Although antibiotics have been shown to be effective against *Mycobacterium ulcerans* in vitro and in animal models of disease (5, 9), clinical trials have been inhibited by the absence of a good confirmatory assay, especially for the early stages of disease, when the possibility of clinical misclassification is highest. At present, the standard treatment strategy is limited to surgical excision, often followed by skin grafting. This intensive therapy and the need for long-term care create great economic burdens on affected communities (4).

Confirmation of BUD can be performed with tissues obtained directly from the excised skin or ulcer by combined laboratory methods such as Ziehl-Neelsen staining for acid-fast bacilli (AFB), bacterial culture for AFB, histopathology, and/or PCR (33). However, these tests may require advanced technical experience and are not always available; therefore, they are not routinely used for the case definition of BUD in developing countries where the disease is endemic. Consequently, the World Health Organization (WHO; Geneva, Switzerland) Global Buruli Ulcer Initiative challenged the research community to develop a simple and rapid diagnostic test that could be used to identify patients early during the course of infection (preferably at a preulcerative stage) so that the rate of detection of patients with BUD could be improved and preventive therapy and early treatment options could be fully implemented (31).

Because BUD is thought to mediate a selective suppression of human T-cell responses (21, 23), which results in a reduced delayed-type hypersensitivity reaction to *M. ulcerans* proteins in patients until late in the course of disease (10, 27), it has been thought that the detection of an immune response to infection and disease would not be diagnostic. Humoral im-
community, however, may be useful for the diagnosis of disease, since serum samples from infected individuals from several geographically distinct regions where BUD is endemic have shown high antibody titers to M. ulcerans antigens (10, 12). In the study described in this report, we used Western blotting to characterize the immunoglobulin M (IgM) and IgG antibody responses of BUD patients to M. ulcerans proteins released into culture filtrates (CFs). Using serum samples obtained from patients with laboratory-confirmed BUD and matched healthy relatives from three different regions of Ghana where BUD is endemic, we now show that a distinct serological response is consistent with active BUD and that this specific response may be useful for the development of a serological test for BUD.

**MATERIALS AND METHODS**

**Patients and study design.** Patients with BUD were enrolled in a case-control study carried out in three regions of Ghana where the disease is endemic: Upper Denkyira, Amanse West, and Asante Akim North. Case patients were included in the study if they met the WHO case definition for clinical BUD (33, 34). Controls from areas of endemicity included case patient family members (excluding persons with any history of BUD, TB, and leprosy) without signs of clinical disease who lived in the same household or village. The controls were not matched by age. The extent of the age mismatch was large at the household level but not at the village level, since uninfected individuals of the same age from the same village also served as controls. Samples from the family controls were not tested by the four confirmatory tests, as subjecting these apparently healthy individuals to such tests would have been unethical. We conducted this study under the assumption that all family controls were negative for active BUD and used the WHO case definition as the “gold standard” by which we compared the IgM responses. Since TB is also endemic in regions of Ghana where BUD is endemic, there was a need to define cross-reactive antibodies common in patients with Mycobacterium tuberculosis infection having a reduced possibility of exposure to M. ulcerans infection but living in the same environment as those persons infected or exposed to M. ulcerans. To discriminate against antigens cross-reactive for BUD and TB, 25 patients who were confirmed to have TB and who lived in regions of Ghana where BUD is not endemic were recruited into the study. Since the differential diagnosis for BUD includes onchocerciasis at the nodular stage of disease during the study period to reconfirm the integrity of the stored MUCF proteins. A single batch of an MUCF protein preparation was used throughout the study. All gels were run by using a MagicMark Western blot standard (Invitrogen Corporation, Carlsbad, Calif.) to ensure that the transferred proteins reactive to human antibodies could be compared directly to the molecular weight standard (the molecular weight standard is made up of recombinant Escherichia coli proteins that contain immunoglobulin-reactive regions to which primary and secondary antibodies react for direct detection of proteins on nitrocellulose membranes). Western blot analysis was carried out by standard protocols, as described previously (10). MUCF proteins fractionated by sodium dodecyl sulfate-polyacrylamide gel electrophoresis were transferred onto 0.45-μm-pore-size nitrocellulose membranes (Schleicher & Schuell, Inc., Keene, N.H.) and blocked overnight at 4°C with 1% blocking reagent (Roche Molecular Biochemicals, Indianapolis, Ind.). Nitrocellulose sheets were cut into strips for use for antibody detection. Sera from BUD patients were analyzed for antibodies to MUCF proteins by probing the nitrocellulose strips with serum samples at a 1:30 dilution. Sera from patients with TB and Onchocerca volvulus infection were tested at the same dilution. Bound antibody was detected with alkaline phosphatase-conjugated goat anti-human IgM antibody (Sigma Chemical Co., St. Louis, Mo.) or alkaline phosphatase-conjugated goat anti-human IgG (heavy and light chains) antibody (Pierce Biotechnology Inc., Rockford, Ill.) and the substrates nitroblue tetrazolium chloride–5-bromo-4-chloro-3-indolylphosphate, toluidine blue (Roche Molecular Biochemicals), according to the instructions of the manufacturer. All serum samples were tested in triplicate for the reproducibility and confirmation of the specific antibody reactivity to each M. ulcerans CF protein.

**Statistical analysis.** Immunoblot and epidemiological data were entered into Microsoft Excel workbooks for analysis. The relationship between the IgM antibody responses to M. ulcerans proteins of the case patients and the matched family controls and the other controls was assessed by use of a stratified conditional logistic regression analysis, which accounted for the matched nature of the data. Sensitivity estimates and 95% confidence intervals (CIs) were calculated for IgM antibody responses to MUCF proteins for patients with laboratory-confirmed BUD, and specificity estimates and 95% CIs were calculated for the healthy controls. All statistical tests were two sided and unadjusted for multiple comparisons. A P value ≤0.05 was considered statistically significant.

**Ethical approval.** The study protocol was approved by the Institutional Review Boards of the Ghanaian Ministry of Health, Accra, Ghana; Groningen University Hospital, Groningen, The Netherlands; Emory University School of Medicine; and CDC. The protocol was also reviewed by WHO.

**RESULTS**

MUCF proteins were recognized on immunoblots by serum IgG antibodies from both BUD patients and their healthy family controls living in the same village (Fig. 1). Because a large number of similar MUCF proteins were reactive to IgG antibodies from both the BUD patients and the family controls...
in this study, it was not practical to determine the specific antigens associated with only the IgG antibody responses of the patients. However, the IgM antibody responses were primarily restricted to sera from patients confirmed to have BUD (Fig. 2). The sera of 84.8% (56 of 66) patients with confirmed BUD showed positive IgM antibody reactivities against one or more MUCF proteins, whereas the sera of only 4.5% (3 of 66) of healthy controls showed IgM reactivities (Table 1). By a matched analysis using stratified conditional logistic regression, the patients were significantly more likely than the family controls to demonstrate an IgM antibody response to MUCF (P < 0.001). None of the serum samples from the patients with TB or the patients with onchocerciasis from regions where BUD is not endemic were positive for an IgM antibody response against MUCF proteins, although all serum samples were positive for an IgG response to the MUCF proteins (data not shown). The sensitivity of the total IgM antibody response for BUD patients was 84.8% (95% CI, 74.3 to 91.6%), and the specificity was 95.5% (95% CI, 87.5 to 98.4%).

Serum samples from BUD patients with positive IgM antibody reactivities recognized four distinct MUCF proteins, namely, proteins of 30, 43, 50, and 70 to 80 kDa (Fig. 2). The number of samples with IgM antibody reactivities for specific MUCF proteins was scored; and it was found that 72.7% (48 of 66) reacted with the 43-kDa region, 57.6% (38 of 66) reacted with the 30-kDa region, and 34.8% (23 of 66) reacted with the 50-kDa region (Table 2). Only 12.1% (8 of 66) of the serum samples from IgM-positive individuals recognized the high-molecular-mass protein of 70 to 80 kDa. In general, the sera from most BUD patients recognized more than one MUCF protein (Fig. 2), with only 25% (14 of 56) of the IgM-positive sera being reactive with only one antigen (data not shown).

To determine if the discriminatory IgM antibody reactivity described here will be suitable for use in the diagnosis of all stages of active BUD, the reactivities were compared by stage of disease. The sera from a large percentage of the patients with preulcerative disease and no evidence of past disease or ulcers were reactive with the 43-kDa region of MUCF (85.7%; 18 of 21), while 66.7% (14 of 21) recognized the 30-kDa region (Table 3). Similarly, 68.6% (24 of 35) and 85.7% (30 of 35) of the serum samples from patients with the more progressive, ulcerative stage of disease recognized the 30- and 43-kDa MUCF proteins, respectively (Table 3).

**DISCUSSION**

We have demonstrated for the first time that the humoral immune response during *M. ulcerans* infection may be useful for the confirmation of BUD. Because serum samples from infected individuals from several geographical areas (Africa and Australia) where BUD is endemic have been shown to have reproducibly high antibody responses to *M. ulcerans* antigens (10, 12), such a diagnostic test based on detection of a

### TABLE 1. IgM and IgG antibody responses to MUCF proteins in with BUD and healthy family controls, TB patients without BUD from regions of Ghana where BUD is endemic, and onchocerciasis patients

<table>
<thead>
<tr>
<th>Clinical description</th>
<th>No. of individuals</th>
<th>No. (%) of individuals positive for*</th>
<th>IgM</th>
<th>IgG</th>
</tr>
</thead>
<tbody>
<tr>
<td>BUD patients</td>
<td>66</td>
<td>56 (84.8)</td>
<td>66 (100)</td>
<td>66 (100)</td>
</tr>
<tr>
<td>Healthy family controls†</td>
<td>66</td>
<td>3 (4.5)</td>
<td>66 (100)</td>
<td>66 (100)</td>
</tr>
<tr>
<td>TB patients</td>
<td>25</td>
<td>0 (0.0)</td>
<td>25 (100)</td>
<td>25 (100)</td>
</tr>
<tr>
<td>Onchocerciasis patients</td>
<td>15</td>
<td>0 (0.0)</td>
<td>15 (100)</td>
<td>15 (100)</td>
</tr>
</tbody>
</table>

* A positive antibody response denotes the presence of any recognizable protein band from MUCF on Western blots.
† Apparently healthy family controls living in the same village as the BUD patients.

### TABLE 2. IgM antibody response to specific *M. ulcerans* CF proteins in BUD patients and healthy family controls from three regions of Ghana where BUD is endemic

<table>
<thead>
<tr>
<th>Clinical description</th>
<th>No. (%) of serum samples recognizing CF protein of:</th>
<th>30 kDa</th>
<th>43 kDa</th>
<th>50 kDa</th>
<th>80 kDa</th>
</tr>
</thead>
<tbody>
<tr>
<td>BUD patients</td>
<td></td>
<td>38 (57.6)</td>
<td>48 (72.7)</td>
<td>23 (34.8)</td>
<td>8 (12.1)</td>
</tr>
<tr>
<td>Healthy family controls</td>
<td></td>
<td>0 (0.0)</td>
<td>2 (3.0)</td>
<td>0 (0.0)</td>
<td>3 (4.5)</td>
</tr>
</tbody>
</table>

* There were 66 individuals in each group.
† Some serum samples recognized more than one *M. ulcerans* CF protein.

### TABLE 3. IgM antibody response to specific MUCF proteins among BUD patients at different stages of disease progression

<table>
<thead>
<tr>
<th>Disease stage*</th>
<th>No. of individuals</th>
<th>No. (%) of serum samples recognizing CF protein of:</th>
<th>30 kDa</th>
<th>43 kDa</th>
<th>50 kDa</th>
<th>80 kDa</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nonulcerative stage</td>
<td>21</td>
<td>14 (66.7)</td>
<td>18 (85.7)</td>
<td>9 (42.9)</td>
<td>5 (23.8)</td>
<td></td>
</tr>
<tr>
<td>Ulcerative stage</td>
<td>35</td>
<td>24 (68.6)</td>
<td>30 (85.7)</td>
<td>14 (40)</td>
<td>3 (8.6)</td>
<td></td>
</tr>
</tbody>
</table>

* Disease stage classification is based on the recommendations of the WHO Task Force on Buruli Ulcer and the International Conference on Buruli Ulcer Control and Research (see WHO Report on Global Buruli Ulcer Initiative, 2000), in which active form of disease is subdivided into ulcerative and nonulcerative stages. Of the 66 patients in this category, 56 were found to have clinical signs for only early active or ulcerative disease. Ten patients whose serum samples were not compared in the analysis summarized here had both early active and ulcerative forms of disease.
specific antibody may be globally important for the management of BUD. Serological tests based on humoral immunity have been shown to hold great potential for the diagnosis of related mycobacterial diseases, such as TB (13, 25, 26), and existing commercialized serological tests have used well-described recombinant antigens to detect IgG or other immunoglobulin classes in a dipstick or enzyme-linked immunosorbent assay format (for a review, see reference 22).

Shared antigens among the mycobacteria and other related bacteria could affect the specificity of a diagnostic test for mycobacterial disease based on detection of the humoral immune response (22). However, significant advances in multi-antigen tests and characterization of nonprotein antigens may help to ameliorate the situation (25). Additionally, detection of an IgM antibody response has been attempted to discern more specific immune responses to mycobacterial antigens in patients with diagnoses of TB (13, 25) and leprosy (30). More recently, detection of IgM antibody reactive with Mycobacterium bovis BCG protein antigen A-60 in sera and pleural effusions was shown to enhance the sensitivity (77%) and specificity (94%) of identification of purified protein derivative-positive, BCG-vaccinated TB pleurisy patients (16) to distinguish them from patients with nontuberculous pleurisy, and serological confirmation of the multibacillary form of leprosy by detection of a specific IgM response to phenolic glycolipid I of Mycobacterium leprae has been shown (7). In the present study, we have shown that IgM antibody detection enables the identification of disease-specific antigens that may be useful for the development of a serological test for the diagnosis of BUD.

Although IgG-specific assays have traditionally been shown to have higher sensitivities than IgM-specific assays, most likely due to the lower titers of IgM that can occur during chronic mycobacterial diseases, our results show that the IgG antibodies could not be used to readily discern specific antigens between patients and family controls in the same villages where BUD is endemic. This repertoire of cross-reactive IgG antibodies to the MUCF antigens among patients and controls (Table 1) may be explained by the fact that the study population resides in a rural area and may be involved in activities that expose them to other environmental mycobacteria. Moreover, a high degree of conservation exists among the mycobacteria at the genomic level. For example, mycobacterial antigen 85 (Ag85A) from BCG is sufficiently conserved in M. ulcerans (84.1% amino acid sequence identity and 91% conserved residues) and allows cross-reactive protection from disease in animal models (29).

Only 4.5% (3 of 66) of the matched family controls had an IgM response against MUCF antigens. Early case detection based on clinical evaluation alone is difficult (3), so it is conceivable that these individuals may have had M. ulcerans infections and that the early cutaneous stages of disease were not detected by the attending physicians. Alternatively, it may be possible that these individuals had the disseminated form of M. ulcerans disease but did not present with the cutaneous form of the disease. In support of this speculation, Abalos and colleagues (1) reported on the increasingly frequent disseminated nonulcerative form of M. ulcerans infection in areas of endemicity. Portaels and colleagues (24) more recently noted that up to 50% of patients with BUD presenting to a hospital in Benin had nonulcerative lesions. The possibility that the matched family control individuals in our study had a noncutaneous form of disease therefore warrants additional studies to determine if a serological response may be useful in the diagnosis of these other forms of BUD, like that reported for extrapulmonary tuberculosis (32).

Previously, it was shown that sera from BUD patients have significant IgG antibody reactivities against two MUCF protein bands (approximately 36 or 38 and 70 kDa) that could be used to largely discriminate BUD patients and control individuals in an area of endemity in Côte d’Ivoire (10). The case and control sera in that study had been collected in 1991 and were tested in 1999 and went through a series of freeze-thaw periods during their storage at CDC, possibly reducing their IgG titers. The control sera (from persons with no signs of disease) were also not matched to sera from patients with disease in the same village during their collection in Côte d’Ivoire. However, use of Western blot detection of specific proteins in the MUCF to discriminate the differences in the IgG responses of patients and unmatched control individuals was still required because 37% of the controls without disease (n = 27) had detectable IgG antibodies against any MUCF protein. Likewise, in the present study with fresh sera from Ghanaian case patients and controls, an IgG enzyme-linked immunosorbent assay of total MUCF was not able to discriminate between case patients and matched family controls (unpublished data). It was also more difficult to discriminate specific IgG responses between case patients and matched family controls by Western blotting due to the high titers of cross-reacting IgG antibodies in all individuals (Fig. 1; Table 1), with one exception. The IgG responses to the 70-kDa antigen by Western blotting were significantly different between sera from patients confirmed to have BUD and sera from patients with TB from an area of Ghana where BUD is not endemic (data not shown).

It was therefore important to discern to which MUCF antigens the sera from BUD patients and control individuals had IgM responses to determine likely candidate antigens for the detection of a specific immune response. The two IgM-reactive MUCF proteins (30 and 43 kDa) that were associated with both the preulcerative and the ulcerative stages of disease and that likewise discriminated BUD patients from TB patients and BUD patients from family controls were thus more easily detected than IgG-reactive proteins due to the elimination of the large amount of cross-reacting antibodies observed when IgG was detected in the same case patients and controls (Fig. 1 and 2). Of note, the sizes of these antigens may not be absolute, since posttranslational modifications and other tertiary structural properties of the proteins may contribute to variations in electrophoretic migratory patterns. Likewise, because of variations in native antigen expression by M. ulcerans (15) and potential batch-to-batch variabilities in the MUCFs, it will be necessary to identify the gene products of these MUCF antigens to further develop a recombinant antigen-based serological test. At present, we are exploiting the specificity obtained by detection of IgM in our banked serum specimens to screen an M. ulcerans genomic DNA expression library to identify the genes encoding the putative IgM-reactive 30-, 43-, and 70- to 80-kDa MUCF proteins.

The success of any serological test largely depends on the specificity, sensitivity, and positive predictive value of the antigen; and in most cases, an increase in specificity usually undermines the sensitivity. Chan and colleagues (8) noted that a
test with a combination of several M. tuberculosis antigens was more efficient than a test with a single antigen. Bothamley (6) observed that no single antigen has 100% sensitivity for the serodiagnosis of TB and suggested the use of a combination of antigens to achieve high sensitivity and specificity. Because a high level of sensitivity of IgM reactivity to the two MUCF proteins was observed both for patients with confirmed preulcerative disease and for patients with confirmed ulcerative disease (Table 3) and because a high level of specificity was found between these patients and the matched family controls (Table 1), it is conceivable that a multiantigen serological test could be developed for the diagnosis of BUD in areas of endemicity. Such an assay is urgently needed for the identification of patients with the early stage of the disease and those exhibiting nonspecific clinical signs of infection. This would improve case detection and help define the true burden of BUD in countries where the disease is endemic. Such an assay would also facilitate the much-needed clinical trials by ensuring that suspect cases are appropriately classified prior to randomization. Early detection of patients with BUD followed by prompt treatment would definitely reduce the potential for serious sequelae (2), an important requirement for reduction of the disease burden in areas of endemicity.

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