Immunoglobulin G Subisotype Responses of Pneumonic and Healthy, Exposed Foals and Adult Horses to Rhodococcus equi Virulence-Associated Proteins

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Received 23 October 2002/Returned for modification 27 January 2003/Accepted 26 February 2003

Rhodococcus equi causes severe pyogranulomatous pneumonia in foals and in immunocompromised human subjects. Replication of virulent isolates within macrophages correlates with the presence of a large plasmid which encodes a family of seven virulence-associated proteins (VapA and VapC to VapH), whose functions are unknown. Although cell-mediated immunity is thought to be crucial in eliminating R. equi infection, antibody partially protects foals. The antibody response to both VapA and VapC was similar in six adult horses and six naturally exposed but healthy foals, as well as in eight foals with R. equi pneumonia. The immunoglobulin G (IgG) subisotype response of pneumonic foals to Vap proteins was significantly IgGb biased and also had a trend toward higher IgG association compared to the isotype association of antibody in adult horses and healthy exposed foals. This suggests that in horses, IgGb and IgGT are Th2 isotypes and IgGa is a Th1 isotype. Furthermore, it suggests that foals which develop R. equi pneumonia have a Th2-biased, ineffective immune response whereas foals which become immune develop a Th1-biased immune response. Pneumonic foals had significantly more antibody to VapD and VapE than did healthy exposed foals. This may indicate a difference in the expression of these two Vap proteins during persistent infection. Alternatively, in pneumonic foals the deviation of the immune response toward VapD and VapE may reflect a bias unfavorable to R. equi resistance. These data indicate possible age-related differences in the equine immune response affecting Th1-Th2 bias as well as antibody specificity bias, which together favor the susceptibility of foals to R. equi pneumonia.

Rhodococcus equi causes pyogranulomatous bronchopneumonia in foals younger than 4 months and induces significant economic losses on endemically infected horse-breeding farms (29). This gram-positive, facultatively intracellular bacterium is an opportunistic pathogen in immunocompromised humans, such as those infected with human immunodeficiency virus (2, 9, 13). Foal-virulent R. equi strains possess an 81-kb plasmid and express VapA, a plasmid-encoded, surface-expressed lipoprotein (38, 40–42). VapA is a member of a family of seven Vap proteins (VapA and VapC to VapH), which have homology in their C-terminal halves and are encoded within a 27-kb pathogenicity island on the large plasmid (37). The function of these proteins is not known.

Protection of foals against R. equi appears to rely on cooperation and interdependency between the antibody-mediated and cell-mediated immune response. Antibody appears to contribute to protection since the period of maximum susceptibility coincides with declining levels of maternally derived antibody (29). In addition, antibody opsonizes R. equi for uptake and killing by macrophages and neutrophils in vitro (45, 47, 48) and may facilitate the killing of R. equi in vivo. Vap-specific antibodies protect immunosuppressed mice since purified immunoglobulin G (IgG) from APTX (a VapA-enriched antigen)-vaccinated horses protected against intraperitoneal challenge with R. equi whereas nonimmune equine IgG failed to protect (10).

Pulmonary clearance of virulent R. equi in mice requires functional T lymphocytes (3, 46). Both CD4+ and CD8+ T cells apparently contribute to protection (26, 33), and CD4+ cells are necessary for complete pulmonary clearance of R. equi in mice (16). Mice in which a Th2 cytokine response was induced by administration of monoclonal antibodies against gamma interferon (IFN-γ) prior to experimental infection with virulent R. equi failed to clear the bacteria and developed pulmonary granulomas (17). In contrast, immunocompetent BALB/c mice developed a Th1 cytokine response and cleared the infection (17). Adoptive transfer of R. equi-specific Th1 or Th2 cell lines in mice supported the conclusion that a Th2 response is detrimental whereas a Th1 response is beneficial in clearance of R. equi (18). Virulent R. equi can modulate the cytokine response in foals, down-regulating IFN-γ mRNA expression in CD4+ T cells and up-regulating lung interleukin-10 expression (12). These cytokines may influence the Th1-Th2 balance of the immune response in foals.

Although antibody provides partial protection against R. equi pneumonia (14), the role of the Ig isotype has not been described. Prescott et al. determined that the antibody response of young foals to the APTX antigen with aluminium hydroxide adjuvant induced a more IgGb- and IgGT-biased subisotype response than did natural infection, which induced an IgGa-dominant response (30). Vaccination with this antigen and adjuvant exacerbated disease in the foals after natural challenge with R. equi (30). An aluminium hydroxide-based influenza vaccine also induced an IgGT-biased response in horses, with some evidence of an IgGc response. These vacci-
nated horses were not resistant to infection even though they had an anamnestic IgG1 response (25). In contrast, natural infection with influenza virus induced virus-specific IgGa and IgGb (25).

In mice and humans, the antibody isotype reflects the Th1-Th2 bias of the immune response. A similar bias may occur in horses. The IgG1 subclass profile of the antibody response associated with protective immunity to *R. equi* infection has not been described. The study reported here addresses the hypothesis that resistance or susceptibility to *R. equi* pneumonia in foals is associated with distinct IgG1 subclass-isotype-related antibody responses to the seven virulence-related Vap proteins and that in pulmonary foals the profile reflects a Th2-biased response whereas in healthy foals and adults the profile reflects a Th1-biased response.

**MATERIALS AND METHODS**

**Experimental design.** Serum was collected biweekly from clinically normal pony foals (*n* = 6) kept on pasture at a University of Guelph research farm that had a history of *R. equi* infections in foals. The serum sample in which the peak antibody response to VapA was observed over the first 6 months of a foal’s life was used to determine the isotype profile of the anti-Vap antibody response compared to sera obtained from a group of clinically normal, unrelated adult horses (*n* = 6) at the same farm and from a third group of foals with clinical *R. equi* pneumonia (*n* = 8). The clinical case samples were obtained from client animals at the University of Florida and the Ontario Veterinary College. The horses were categorized according to defined resistance or susceptibility status to provide a framework in which to make correlations based on specificity and isotype relatedness of serum anti-Vap antibody. The three groups represent (i) a clinically and isotype related resistance or susceptibility status to provide a model of the anti-Vap response compared to conventionally healthy controls; (ii) a clinically and isotype related Th1-biased response, peroxidase-conjugated goat anti-horse Ig (Jackson ImmunoResearch Laboratories, Inc., West Grove, Pa.) was used at 1:10,000 in PBS-TG and incubated for 1 h at room temperature, and the OD was read at 405/630 nm (BioTek EL311; Biotek Instruments, Inc., Winooski, Vt.).

**TABLE 1. Primers used for PCR of each of the seven members of the Vap family**

<table>
<thead>
<tr>
<th>Vap</th>
<th>Primer 1</th>
<th>Primer 2</th>
</tr>
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<tbody>
<tr>
<td>VapA</td>
<td>5′-GCCGATCCCATATGTTGCGGATTC-3′</td>
<td>5′-CATGAAATCTCAGCCGTTTCG-3′</td>
</tr>
<tr>
<td>VapC</td>
<td>5′-GCCGATCCCGCCATGTTGCGGATTC-3′</td>
<td>5′-CATGAAATCTCAGCCGTTTCG-3′</td>
</tr>
<tr>
<td>VapD</td>
<td>5′-GCCGATCCCATATGTTGCGGATTC-3′</td>
<td>5′-CATGAAATCTCAGCCGTTTCG-3′</td>
</tr>
<tr>
<td>VapE</td>
<td>5′-GCCGATCCCATATGTTGCGGATTC-3′</td>
<td>5′-CATGAAATCTCAGCCGTTTCG-3′</td>
</tr>
<tr>
<td>VapF</td>
<td>5′-GCCGATCCCATATGTTGCGGATTC-3′</td>
<td>5′-CATGAAATCTCAGCCGTTTCG-3′</td>
</tr>
<tr>
<td>VapG</td>
<td>5′-GCCGATCCCATATGTTGCGGATTC-3′</td>
<td>5′-CATGAAATCTCAGCCGTTTCG-3′</td>
</tr>
<tr>
<td>VapH</td>
<td>5′-GCCGATCCCATATGTTGCGGATTC-3′</td>
<td>5′-CATGAAATCTCAGCCGTTTCG-3′</td>
</tr>
</tbody>
</table>

**Analysis.** Two-tailed Student’s *t* tests and LSD random permutation tests (analysis of variance) in SAS (SAS/STAT user’s guide version 6, 1990; SAS Institute Inc., Cary, N.C.) were used to analyze the data and to determine the significance of differences between groups (*P* ≤ 0.05). The first test was used to test for significant differences in the actual titers of each group, and the second test was used to test for significant differences between the groups for each
RESULTS

Antibody response to each of the Vap proteins. Antibody to VapA and VapC increased following natural exposure to R. equi (Fig. 1). In contrast, antibody to VapF, VapG, and VapH did not change throughout the 6-month observation period and antibody to VapE was not detected. The level of anti-VapD antibody rose slightly in some foals a few weeks after the peak of the response to VapA and VapC. Figure 1 data from one foal are representative of the pattern of the response observed in six foals kept at pasture, which remained apparently healthy, although the response pattern shifted along the x axis between foals, so that the day on which the anti-VapA response peaked differed between foals. For this reason, data for foals were not combined.

There was a marked antibody response to VapA and VapC by all groups in the study. The antibody response relative to anti-VapA was significantly lower in both foal groups than in the immune adult horses for anti-VapD, anti-VapE, anti-VapF, and anti-VapH (Fig. 2). The pneumonic foals had significantly more antibody to VapD and VapE than did the normal foals, which as a group had no antibody response to VapE and only a low response to VapD by one foal.

Subisotype of the IgG response. The antibody response to each of the proteins by the three groups of animals (pneumonic foals, clinically normal foals, and immune adults) was further studied by investigating the subisotype (IgGT, IgGb, IgGc, and IgGa) of IgG and the differences were analyzed by Student’s t test. With the exception of three pneumonic and two clinically normal foals responding to VapA, an IgGc subisotype response was not detected to any of the Vap proteins. The IgGT response of pneumonic foals was significantly greater than that of the immune adult group to VapA, VapC, and VapG (Fig. 3). The adults produced an IgGa- versus an IgGT- or IgGb-biased response against VapA, VapC, VapF, and VapH (Fig. 3). Although the pneumonic foals also produced IgGa against VapA and VapC, this group had an IgGb-dominant response to all the Vap family members (Fig. 3). The IgGb response of all foals was significantly greater (P ≤ 0.05 by Student’s t test) than that of immune adults for VapA, VapC, VapD, VapE, and VapG and significantly greater than the normal foal group for VapC, VapE, and VapG (Fig. 3).

The mean IgGa-to-IgGb and IgGa-to-IgGT ratios against all of the Vap family members were consistently higher in the adults than in the pneumonic foals (Table 2) and were usually higher in adults than in healthy foals. When the immune adult group was compared to the pneumonic-foal group, the IgGa-to-IgGb ratio was as much as three times higher and the ratio difference was significant for VapA, VapC, and VapF. The IgGa-to-IgGb ratios in the healthy foals tended to also be higher than in the pneumonic foals, as did the IgGa-to-IgGT ratio. When the overall IgGb response to all the Vap proteins was compared between the horse groups by analysis of variance, the IgGb response was significantly (P ≤ 0.05) greater in the pneumonic-foal group than in both the clinically normal group and the adult group.

DISCUSSION

Antibody function differs by immunoglobulin subisotype (7, 22). The Ig subisotype bias of the response to infectious organisms reflects a finely regulated multifactorial system that
steers the response to provide an environment appropriate for control of the particular organism (15). In effect, the isotype profile of the immune response reflects the overall type of response (Th1 or Th2) induced by the pathogen or vaccine (32). This division of the CD4+ T helper cell population into two complementary groups has been extensively investigated by using humans and mice (32). The relationship of the bias of the response (Th1/Th2) to the degree of resistance to specific pathogens or to the response to vaccination has become an important area of research since it may be possible to increase resistance to disease by steering the immune response (11).

Assuming that the Th1 bias is protective in equine infections by the intracellular pathogen R. equi as it is in mice, the results reported here support the conclusion that IgGT reflects a Th2-like response since a significantly greater IgGT response to R. equi antigens VapA, VapC and VapG was observed in foals that had developed R. equi pneumonia than in the immune adult group. However, this difference was not noted between the two foal groups. The significantly greater overall amount of IgGb anti-R. equi antibody in the sera of pneumonia foals compared to adult and healthy foals suggests that the ratio of IgGa to IgGb is important in determining resistance, since the amounts of IgGa were similar in clinically normal foals, pneumonia foals, and adults (Fig. 3). These results suggest that a higher IgGa-to-IgGb anti-R. equi ratio (Table 2) reflects a Th1-biased immune response and greater protection from R. equi infection. This is an important finding, since a fundamental question regarding R. equi pneumonia in foals is why foals are particularly susceptible to disease since this infection is almost unique to foals (as well as occurring in immunodeficient individuals of other species). The present results support the hypothesis that foals develop R. equi pneumonia because an inappropriate Th2-dominant response to infection develops whereas foals and adults which develop a Th1 response become immune (and remain so as adults). It has been suggested that the neonatal period in general is marked by a high susceptibility to infections and that although neonatal T cells are immunocompetent, their differentiation is biased toward a Th2 profile under neutral conditions (19). Work with rodents and humans indicates that this susceptibility may be a result of a combination of factors including a greater costimulatory requirement of neonatal T cells than of adult T cells (1), differences in antigen handling by neonatal B cells and low major histocompatibility complex-peptide density which favors priming of Th2-type CD4 cells (23), the lack of anatomical structures (germinal centers) required for lymphoid cell maturation (8, 24), and an immature phenotype of neonatal B cells in comparison to adult B cells (21). In addition to these possible mechanisms which may or may not operate to produce a relative Th2 bias in foals, the R. equi virulence plasmid may drive a Th2-biased immune response. For example, Giguère et al. (12) reported that foals with severe pneumonia caused by virulent R. equi strains differed significantly from foals infected with avirulent R. equi strains in that the former had reduced amounts of IFN-γ mRNA in bronchial lymph node CD4+ T cells as well as enhanced quantities of interleukin-10 mRNA in the lungs. Since the presence of the virulence plasmid carrying R. equi Vap genes was the only difference between the virulent and avirulent R. equi strains used in the experimental infections, this suggests that an important function of the virulence plasmid involves driving an ineffective Th2 immune response so that foals develop pneumonia disease rather than clearing infection. One factor determining whether foals become immune (Th1 response) or develop disease (Th2 response) in response to virulent R. equi may be the dose of virulent bacteria initiating the infection. By analogy, the dose of Mycobacterium tuberculosis BCG has been shown experimentally to determine whether a Th1 or a Th2 response developed, with relatively low doses leading to an almost exclusively cell-mediated, Th1 response (28). It may also be predicted that, as in mycobacterial infections, individuals vary in their ability to mount Th1 and Th2 immune responses (36, 44).

Aluminum hydroxide induces a Th2-biased response in...
mice, humans, and other species, which is reflected in the Ig subisotype of the antibodies produced (5, 6, 43). It was previously demonstrated that vaccination of foals with APTX antigen in aluminum hydroxide was associated with exacerbation of R. equi pneumonia and induced a greater IgGb and IgGT response than did natural infection, which induced an IgGa-biased response (30). Serum antibody responses following vaccination of horses with an aluminum hydroxide-based influ-
TABLE 2. IgGa-to-IgGb and IgGa-to-IgGT ratios for mean IgGa-, IgGb-, and IgGT-associated antibody to each of the R. equi Vap proteins for each horse group

<table>
<thead>
<tr>
<th>Group and ratio</th>
<th>Value of ratio for:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>VapA</td>
</tr>
<tr>
<td>IgGa/IgGb</td>
<td></td>
</tr>
<tr>
<td>Healthy adults</td>
<td>1.89 ± 0.61</td>
</tr>
<tr>
<td>Pneumonic foals</td>
<td>1.01 ± 1.75</td>
</tr>
<tr>
<td>Healthy foals</td>
<td>1.30 ± 0.94</td>
</tr>
<tr>
<td>Significancea</td>
<td>ac</td>
</tr>
<tr>
<td>IgGa/IgGT</td>
<td></td>
</tr>
<tr>
<td>Healthy adults</td>
<td>2.57 ± 0.88</td>
</tr>
<tr>
<td>Pneumonic foals</td>
<td>0.95 ± 1.07</td>
</tr>
<tr>
<td>Healthy foals</td>
<td>1.35 ± 0.50</td>
</tr>
<tr>
<td>Significanceb</td>
<td>ac</td>
</tr>
</tbody>
</table>

* Dashes indicate an inability to calculate the ratio due to the absence of a response and hence a zero denominator.

b Significant differences (P < 0.05 by Student’s t test) between the adult and pneumonic foal group are indicated by a, those between the pneumonic and healthy foal groups are indicated by b, and those between the adult and healthy foal group are indicated by c.

Three studies and the data presented here suggest that in horses the IgGT isotype reflects a Th2-like response and the IgGa isotype reflects a Th1-like response. The role of IgGb (the predominant isotype in serum, comprising 77% of total serum Ig) (34) is still unclear. However, the present data indicate that they reflect susceptibility in foals to R. equi pneumonia and therefore that they reflect a Th2 bias in the immune response. Interestingly, Lopez et al. (20) recently observed a greater than fourfold increase in VapA-specific IgGa and IgGb antibody levels following intrabronchial challenge of adult horses with live R. equi whereas the IgGT antibody levels increased only 2.6-fold. IgGa and IgGb opsonize microbes and fix complement, whereas IgGT not only does not fix complement but also may inhibit complement fixation by IgGa and IgGb (4, 22). A recent study of foals normally exposed to R. equi infection also identified the dominance of IgGa and IgGb in these foals but did not relate this to the development of pneumonia in any of the foals (39).

The course of the antibody response to each of the seven members of the R. equi Vap protein family in clinically normal foals suggests either that there is a differential pattern of antigen expression and/or that VapA and VapC are more immunogenic than the other Vap proteins, as well as possibly being cross-reactive. VapE appears not to be expressed early in infection or has low immunogenicity, since antibody to this protein was undetectable or present only in small amounts in all six pneumonic foals. The relative antibody response to each of the Vap proteins suggests that horses eventually develop antibodies to VapE. Anti-VapE antibody was detected in the pneumatic foal group, whereas the clinically normal foals had no response to this protein. The antibody response to VapD was also significantly greater in the pneumonic foals than in the clinically normal group. It may be possible to use a lack of antibody response to VapE in parallel with an antibody response to VapA to identify pneumonic foals or foals at risk of disease.

In conclusion, pneumonic foals had significantly more antibody to VapD and VapE than did healthy exposed foals, which may indicate a difference in the expression of these two proteins during persistent infection. Alternatively, it may reflect a skewing of the immune response toward VapD and VapE, which may influence anti-R. equi resistance. In addition, this study suggests that in horses the IgG isotypes IgGT and IgGb are Th2 related and that antibodies associated with them are probably ineffective in clearance of R. equi and allow for colonization and disease in foals. The IgGa isotype, in contrast, reflects a Th1 response in foals which do not develop pneumonia. The relative IgGa-to-IgGb and IgGa-to-IgGT ratios appear to influence the outcome of infection with R. equi (Table 2). The results of the comparison of immune adults and healthy foals to pneumonic foals suggest that the higher the IgGa-to-IgGb and IgGa-to-IgGT ratios, the better the animals are protected from pneumonia. This study also suggests a possible age-related difference in the equine immune response affecting the Th1-Th2 bias, which, together with the antibody specificity bias toward VapD and VapE, may favor a susceptibility of foals to R. equi pneumonia.

ACKNOWLEDGMENTS

This work was supported by the Grayson-Jockey Club Equine Research Fund, the Natural Sciences and Engineering Research Council of Canada, and the Ontario Ministry of Agriculture and Food.

We thank Stevee Gigüère for pneumonic foal sera, Vivian Nicholson for technical assistance, and William Matthes-Sears for assistance with statistical analysis.

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